

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

NEW YORK

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:30	5:56	8:05	8:41
Vayeilech	9/14	5:35	5:47	8:07	8:43
Erev Yom Kippur	9/18	5:39	5:40	8:08	8:44
Haazinu	9/21	5:42	5:35	8:09	8:45
Erev Succos	9/23	5:44	5:32	8:10	8:46
Erev Shab. Chol Hamoed	9/28	5:49	5:24	8:11	8:47
Hoshana Rabbah	9/30	5:51	5:20	8:12	8:48
Breishis	10/05	5:56	5:12	8:14	8:50
Noach	10/12	6:04	5:01	8:17	8:53
Lech Lecha	10/19	6:11	4:50	8:19	8:55
Vayeira	10/26	6:19	4:40	8:23	8:59
Chayei Sara	11/02	6:27	4:32	8:27	9:03
Toldos	11/09	6:36	4:24	8:32	9:08
Vayeitzei	11/16	6:44	4:18	8:36	9:12
Vayishlach	11/23	6:52	4:13	8:41	9:17
Vayeishev	11/30	6:59	4:10	8:45	9:21
Mikeitz, Chanukah	12/07	7:06	4:09	8:50	9:26
Vayigash	12/14	7:12	4:09	8:55	9:31
Vayechi	12/21	7:17	4:12	8:59	9:35
Shemos	12/28	7:19	4:16	9:02	9:38
Vaeira	2019 1/04	7:20	4:22	9:04	9:40
Bo	1/11	7:20	4:29	9:06	9:42
Beshalach	1/18	7:17	4:37	9:06	9:42
Yisro	1/25	7:12	4:45	9:04	9:40
Mishpatim	2/01	7:06	4:54	9:02	9:38
Terumah	2/08	6:59	5:02	8:58	9:34
Tetzavah	2/15	6:50	5:11	8:54	9:30
Ki-Sisah	2/22	6:41	5:19	8:49	9:25
Vayakhel	3/01	6:31	5:27	8:44	9:20
Pekudei	3/08	6:20	5:35	8:37	9:13
Vayikra	3/15	6:08	5:43	8:30	9:06

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

NEW YORK

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:57	5:50	8:24	9:00
Shemini	3/29	5:45	5:57	8:17	8:53
Tazriya	4/05	5:34	6:05	8:10	8:46
Metzora	4/12	5:22	6:12	8:03	8:39
Erev Pesach, Erev Shab.	4/19	5:12	6:19	7:57	8:33
Latest Time To Eat Chometz		(M.A.)	9:17	(G'ra)	9:41
Erev 7th of Pesach	4/25	5:03	6:26	7:52	8:28
Erev 8th of Pesach Erev Shabbos	4/26	5:02	6:27	7:52	8:28
Acharei	5/03	4:53	6:34	7:47	8:23
Kedoshim	5/10	4:44	6:41	7:42	8:18
Emor	5/17	4:37	6:48	7:38	8:14
Behar	5/24	4:32	6:54	7:36	8:12
Bechukosai	5/31	4:28	7:00	7:35	8:11
Bamidbar	6/07	4:25	7:05	7:34	8:10
Naso	6/14	4:24	7:08	7:34	8:10
Behaalosecha	6/21	4:25	7:11	7:35	8:11
Shelach	6/28	4:27	7:11	7:37	8:13
Korach	7/05	4:31	7:10	7:39	8:15
Chukas	7/12	4:35	7:08	7:42	8:18
Balak	7/19	4:41	7:03	7:45	8:21
Pinchas	7/26	4:47	6:58	7:48	8:24
Matos- Masei	8/02	4:53	6:51	7:51	8:27
Devorim	8/09	5:00	6:42	7:54	8:30
Vaeschanan	8/16	5:07	6:33	7:57	8:33
Eikev	8/23	5:14	6:23	8:00	8:36
R'ei	8/30	5:21	6:12	8:02	8:38
Shoftim	9/06	5:28	6:01	8:05	8:41
Ki Seze	9/13	5:34	5:49	8:06	8:42
Ki Savo	9/20	5:41	5:37	8:09	8:45
Nitzavim	9/27	5:48	5:25	8:11	8:47
Erev Rosh Hashana	9/29	5:50	5:22	8:12	8:48

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ATLANTA

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:17	6:32	8:49	9:25
Vayeilech	9/14	6:20	6:25	8:50	9:26
Erev Yom Kippur	9/18	6:23	6:20	8:51	9:27
Haazinu	9/21	6:25	6:15	8:51	9:27
Erev Succos	9/23	6:27	6:13	8:52	9:28
Erev Shab. Chol Hamoed	9/28	6:30	6:06	8:53	9:29
Hoshana Rabbah	9/30	6:31	6:03	8:53	9:29
Breishis	10/05	6:35	5:56	8:54	9:30
Noach	10/12	6:40	5:47	8:55	9:31
Lech Lecha	10/19	6:46	5:39	8:58	9:34
Vayeira	10/26	6:52	5:31	9:00	9:36
Chayei Sara	11/02	6:58	5:24	9:03	9:39
Toldos	11/09	7:04	5:18	9:06	9:42
Vayeitzei	11/16	7:11	5:14	9:10	9:46
Vayishlach	11/23	7:17	5:11	9:14	9:50
Vayeishev	11/30	7:24	5:09	9:19	9:55
Mikeitz, Chanukah	12/07	7:29	5:09	9:23	9:59
Vayigash	12/14	7:35	5:10	9:27	10:03
Vayechi	12/21	7:39	5:13	9:31	10:07
Shemos	12/28	7:42	5:17	9:34	10:10
Vaeira	2019 1/04	7:43	5:23	9:37	10:13
Bo	1/11	7:43	5:29	9:38	10:14
Beshalach	1/18	7:42	5:35	9:39	10:15
Yisro	1/25	7:38	5:42	9:38	10:14
Mishpatim	2/01	7:34	5:49	9:36	10:12
Terumah	2/08	7:28	5:56	9:34	10:10
Tetzavah	2/15	7:22	6:02	9:31	10:07
Ki-Sisah	2/22	7:14	6:08	9:26	10:02
Vayakhel	3/01	7:06	6:14	9:22	9:58
Pekudei	3/08	6:57	6:20	9:16	9:52
Vayikra	3/15	6:48	6:26	9:11	9:47

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ATLANTA

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:38	6:31	9:05	9:41
Shemini	3/29	6:29	6:36	8:59	9:35
Tazriya	4/05	6:20	6:41	8:54	9:30
Metzora	4/12	6:11	6:47	8:49	9:25
Erev Pesach, Erev Shab.	4/19	6:02	6:52	8:43	9:19
Latest Time To Eat Chometz		(M.A.)	10:01	(G'ra)	10:25
Erev 7th of Pesach	4/25	5:55	6:57	8:39	9:15
Erev 8th of Pesach Erev Shabbos	4/26	5:54	6:57	8:38	9:14
Acharei	5/03	5:47	7:03	8:35	9:11
Kedoshim	5/10	5:40	7:08	8:31	9:07
Emor	5/17	5:35	7:13	8:28	9:04
Behar	5/24	5:31	7:18	8:26	9:02
Bechukosai	5/31	5:28	7:23	8:25	9:01
Bamidbar	6/07	5:27	7:27	8:26	9:02
Naso	6/14	5:27	7:30	8:26	9:02
Behaalosecha	6/21	5:27	7:31	8:27	9:03
Shelach	6/28	5:30	7:32	8:29	9:05
Korach	7/05	5:33	7:32	8:31	9:07
Chukas	7/12	5:36	7:30	8:33	9:09
Balak	7/19	5:41	7:27	8:36	9:12
Pinchas	7/26	5:45	7:22	8:38	9:14
Matos- Masei	8/02	5:50	7:17	8:40	9:16
Devorim	8/09	5:55	7:10	8:42	9:18
Vaeschanan	8/16	6:00	7:03	8:44	9:20
Eikev	8/23	6:05	6:54	8:46	9:22
R'ei	8/30	6:10	6:46	8:48	9:24
Shoftim	9/06	6:15	6:36	8:49	9:25
Ki Seze	9/13	6:20	6:27	8:50	9:26
Ki Savo	9/20	6:24	6:17	8:51	9:27
Nitzavim	9/27	6:29	6:07	8:52	9:28
Erev Rosh Hashana	9/29	6:31	6:04	8:53	9:29

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

BALTIMORE

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:42	6:05	8:16	8:52
Vayeilech	9/14	5:47	5:57	8:18	8:54
Erev Yom Kippur	9/18	5:50	5:51	8:19	8:55
Haazinu	9/21	5:53	5:46	8:20	8:56
Erev Succos	9/23	5:55	5:43	8:21	8:57
Erev Shab. Chol Hamoed	9/28	6:00	5:35	8:22	8:58
Hoshana Rabbah	9/30	6:01	5:31	8:22	8:58
Breishis	10/05	6:06	5:23	8:24	9:00
Noach	10/12	6:13	5:13	8:27	9:03
Lech Lecha	10/19	6:20	5:03	8:29	9:05
Vayeira	10/26	6:28	4:53	8:33	9:09
Chayei Sara	11/02	6:35	4:45	8:36	9:12
Toldos	11/09	6:43	4:38	8:40	9:16
Vayeitzei	11/16	6:51	4:32	8:45	9:21
Vayishlach	11/23	6:59	4:27	8:50	9:26
Vayeishev	11/30	7:06	4:25	8:54	9:30
Mikeitz, Chanukah	12/07	7:12	4:24	8:59	9:35
Vayigash	12/14	7:18	4:24	9:03	9:39
Vayechi	12/21	7:22	4:27	9:07	9:43
Shemos	12/28	7:25	4:31	9:10	9:46
Vaeira	2019 1/04	7:27	4:37	9:13	9:49
Bo	1/11	7:26	4:44	9:14	9:50
Beshalach	1/18	7:23	4:51	9:14	9:50
Yisro	1/25	7:19	4:59	9:13	9:49
Mishpatim	2/01	7:14	5:07	9:11	9:47
Terumah	2/08	7:07	5:15	9:08	9:44
Tetzavah	2/15	6:59	5:24	9:04	9:40
Ki-Sisah	2/22	6:50	5:31	8:59	9:35
Vayakhel	3/01	6:40	5:39	8:53	9:29
Pekudei	3/08	6:29	5:46	8:47	9:23
Vayikra	3/15	6:19	5:53	8:41	9:17

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

BALTIMORE

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:08	6:00	8:35	9:11
Shemini	3/29	5:56	6:07	8:27	9:03
Tazriya	4/05	5:45	6:14	8:21	8:57
Metzora	4/12	5:35	6:21	8:15	8:51
Erev Pesach, Erev Shab.	4/19	5:25	6:28	8:09	8:45
Latest Time To Eat Chometz		(M.A.)	9:28	(G'ra)	9:52
Erev 7th of Pesach	4/25	5:16	6:34	8:04	8:40
Erev 8th of Pesach Erev Shabbos	4/26	5:15	6:35	8:04	8:40
Acharei	5/03	5:06	6:41	7:58	8:34
Kedoshim	5/10	4:58	6:48	7:54	8:30
Emor	5/17	4:52	6:55	7:51	8:27
Behar	5/24	4:47	7:01	7:49	8:25
Bechukosai	5/31	4:43	7:06	7:47	8:23
Bamidbar	6/07	4:40	7:11	7:46	8:22
Naso	6/14	4:40	7:14	7:47	8:23
Behaalosecha	6/21	4:40	7:16	7:48	8:24
Shelach	6/28	4:43	7:17	7:50	8:26
Korach	7/05	4:46	7:16	7:52	8:28
Chukas	7/12	4:50	7:14	7:55	8:31
Balak	7/19	4:55	7:10	7:57	8:33
Pinchas	7/26	5:01	7:04	8:00	8:36
Matos- Masei	8/02	5:07	6:58	8:03	8:39
Devorim	8/09	5:14	6:50	8:07	8:43
Vaeschanan	8/16	5:20	6:41	8:09	8:45
Eikev	8/23	5:27	6:31	8:12	8:48
R'ei	8/30	5:33	6:21	8:14	8:50
Shoftim	9/06	5:39	6:10	8:15	8:51
Ki Seze	9/13	5:46	5:59	8:18	8:54
Ki Savo	9/20	5:52	5:47	8:19	8:55
Nitzavim	9/27	5:59	5:36	8:22	8:58
Erev Rosh Hashana	9/29	6:00	5:33	8:22	8:58

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

BOSTON

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:17	5:45	7:53	8:29
Vayeilech	9/14	5:23	5:36	7:55	8:31
Erev Yom Kippur	9/18	5:27	5:29	7:56	8:32
Haazinu	9/21	5:30	5:24	7:57	8:33
Erev Succos	9/23	5:32	5:20	7:58	8:34
Erev Shab. Chol Hamoed	9/28	5:38	5:11	8:00	8:36
Hoshana Rabbah	9/30	5:40	5:08	8:01	8:37
Breishis	10/05	5:45	4:59	8:02	8:38
Noach	10/12	5:53	4:48	8:05	8:41
Lech Lecha	10/19	6:01	4:36	8:08	8:44
Vayeira	10/26	6:10	4:26	8:13	8:49
Chayei Sara	11/02	6:19	4:17	8:17	8:53
Toldos	11/09	6:27	4:08	8:21	8:57
Vayeitzei	11/16	6:36	4:02	8:26	9:02
Vayishlach	11/23	6:45	3:57	8:32	9:08
Vayeishev	11/30	6:52	3:53	8:36	9:12
Mikeitz, Chanukah	12/07	7:00	3:52	8:42	9:18
Vayigash	12/14	7:06	3:52	8:46	9:22
Vayechi	12/21	7:10	3:55	8:50	9:26
Shemos	12/28	7:13	3:59	8:53	9:29
Vaeira	2019 1/04	7:14	4:05	8:55	9:31
Bo	1/11	7:13	4:12	8:56	9:32
Beshalach	1/18	7:10	4:20	8:56	9:32
Yisro	1/25	7:05	4:29	8:55	9:31
Mishpatim	2/01	6:58	4:38	8:52	9:28
Terumah	2/08	6:50	4:47	8:48	9:24
Tetzavah	2/15	6:41	4:56	8:43	9:19
Ki-Sisah	2/22	6:31	5:05	8:38	9:14
Vayakhel	3/01	6:20	5:14	8:32	9:08
Pekudei	3/08	6:09	5:22	8:26	9:02
Vayikra	3/15	5:57	5:30	8:19	8:55

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

BOSTON

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:45	5:39	8:12	8:48
Shemini	3/29	5:32	5:46	8:04	8:40
Tazriya	4/05	5:20	5:54	7:57	8:33
Metzora	4/12	5:09	6:02	7:51	8:27
Erev Pesach, Erev Shab.	4/19	4:57	6:10	7:44	8:20
Latest Time To Eat Chometz		(M.A.)	9:04	(G'ra)	9:28
Erev 7th of Pesach	4/25	4:48	6:17	7:39	8:15
Erev 8th of Pesach Erev Shabbos	4/26	4:47	6:18	7:38	8:14
Acharei	5/03	4:37	6:26	7:33	8:09
Kedoshim	5/10	4:29	6:33	7:29	8:05
Emor	5/17	4:21	6:41	7:25	8:01
Behar	5/24	4:15	6:47	7:22	7:58
Bechukosai	5/31	4:11	6:53	7:20	7:56
Bamidbar	6/07	4:08	6:58	7:19	7:55
Naso	6/14	4:07	7:02	7:19	7:55
Behaalosecha	6/21	4:07	7:04	7:20	7:56
Shelach	6/28	4:10	7:05	7:22	7:58
Korach	7/05	4:13	7:04	7:24	8:00
Chukas	7/12	4:18	7:01	7:27	8:03
Balak	7/19	4:24	6:57	7:31	8:07
Pinchas	7/26	4:30	6:50	7:34	8:10
Matos- Masei	8/02	4:37	6:43	7:37	8:13
Devorim	8/09	4:45	6:34	7:41	8:17
Vaeschanan	8/16	4:52	6:24	7:44	8:20
Eikev	8/23	4:59	6:13	7:46	8:22
R'ei	8/30	5:07	6:02	7:49	8:25
Shoftim	9/06	5:14	5:50	7:52	8:28
Ki Seze	9/13	5:22	5:38	7:55	8:31
Ki Savo	9/20	5:29	5:26	7:57	8:33
Nitzavim	9/27	5:37	5:13	8:00	8:36
Erev Rosh Hashana	9/29	5:39	5:10	8:00	8:36

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

BUFFALO

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:49	6:15	8:24	9:00
Vayeilech	9/14	5:54	6:06	8:26	9:02
Erev Yom Kippur	9/18	5:59	5:59	8:28	9:04
Haazinu	9/21	6:02	5:54	8:29	9:05
Erev Succos	9/23	6:04	5:50	8:29	9:05
Erev Shab. Chol Hamoed	9/28	6:10	5:41	8:31	9:07
Hoshana Rabbah	9/30	6:12	5:38	8:32	9:08
Breishis	10/05	6:18	5:29	8:34	9:10
Noach	10/12	6:26	5:17	8:37	9:13
Lech Lecha	10/19	6:34	5:06	8:41	9:17
Vayeira	10/26	6:43	4:55	8:45	9:21
Chayei Sara	11/02	6:52	4:46	8:49	9:25
Toldos	11/09	7:01	4:38	8:54	9:30
Vayeitzei	11/16	7:09	4:31	8:58	9:34
Vayishlach	11/23	7:18	4:26	9:04	9:40
Vayeishev	11/30	7:26	4:22	9:09	9:45
Mikeitz, Chanukah	12/07	7:33	4:21	9:14	9:50
Vayigash	12/14	7:39	4:22	9:18	9:54
Vayechi	12/21	7:43	4:24	9:22	9:58
Shemos	12/28	7:46	4:29	9:25	10:01
Vaeira	2019 1/04	7:47	4:34	9:27	10:03
Bo	1/11	7:45	4:41	9:28	10:04
Beshalach	1/18	7:42	4:50	9:28	10:04
Yisro	1/25	7:37	4:58	9:26	10:02
Mishpatim	2/01	7:31	5:08	9:24	10:00
Terumah	2/08	7:23	5:17	9:20	9:56
Tetzavah	2/15	7:14	5:26	9:16	9:52
Ki-Sisah	2/22	7:03	5:35	9:10	9:46
Vayakhel	3/01	6:51	5:45	9:03	9:39
Pekudei	3/08	6:39	5:54	8:56	9:32
Vayikra	3/15	6:27	6:02	8:49	9:25

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

BUFFALO

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:14	6:11	8:42	9:18
Shemini	3/29	6:02	6:19	8:35	9:11
Tazriya	4/05	5:50	6:27	8:28	9:04
Metzora	4/12	5:38	6:35	8:21	8:57
Erev Pesach, Erev Shab.	4/19	5:27	6:43	8:15	8:51
Latest Time To Eat Chometz		(M.A.)	9:35	(G'ra)	9:59
Erev 7th of Pesach	4/25	5:17	6:50	8:09	8:45
Erev 8th of Pesach Erev Shabbos	4/26	5:16	6:51	8:08	8:44
Acharei	5/03	5:06	6:59	8:03	8:39
Kedoshim	5/10	4:57	7:07	7:58	8:34
Emor	5/17	4:50	7:14	7:55	8:31
Behar	5/24	4:44	7:21	7:52	8:28
Bechukosai	5/31	4:40	7:27	7:50	8:26
Bamidbar	6/07	4:37	7:32	7:49	8:25
Naso	6/14	4:36	7:36	7:50	8:26
Behaalosecha	6/21	4:37	7:38	7:51	8:27
Shelach	6/28	4:39	7:38	7:52	8:28
Korach	7/05	4:43	7:37	7:55	8:31
Chukas	7/12	4:48	7:34	7:58	8:34
Balak	7/19	4:54	7:29	8:01	8:37
Pinchas	7/26	5:01	7:22	8:05	8:41
Matos- Masei	8/02	5:08	7:15	8:08	8:44
Devorim	8/09	5:15	7:05	8:11	8:47
Vaeschanan	8/16	5:23	6:55	8:15	8:51
Eikev	8/23	5:31	6:44	8:18	8:54
R'ei	8/30	5:38	6:33	8:20	8:56
Shoftim	9/06	5:46	6:21	8:23	8:59
Ki Seze	9/13	5:53	6:08	8:25	9:01
Ki Savo	9/20	6:01	5:55	8:28	9:04
Nitzavim	9/27	6:09	5:43	8:31	9:07
Erev Rosh Hashana	9/29	6:11	5:39	8:32	9:08

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

CHICAGO

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:24	5:51	7:59	8:35
Vayeilech	9/14	5:29	5:42	8:01	8:37
Erev Yom Kippur	9/18	5:33	5:35	8:02	8:38
Haazinu	9/21	5:36	5:30	8:03	8:39
Erev Succos	9/23	5:39	5:27	8:05	8:41
Erev Shab. Chol Hamoed	9/28	5:44	5:18	8:06	8:42
Hoshana Rabbah	9/30	5:46	5:15	8:07	8:43
Breishis	10/05	5:51	5:06	8:08	8:44
Noach	10/12	5:59	4:55	8:12	8:48
Lech Lecha	10/19	6:07	4:44	8:15	8:51
Vayeira	10/26	6:15	4:33	8:18	8:54
Chayei Sara	11/02	6:24	4:24	8:23	8:59
Toldos	11/09	6:32	4:16	8:27	9:03
Vayeitzei	11/16	6:41	4:10	8:32	9:08
Vayishlach	11/23	6:49	4:05	8:37	9:13
Vayeishev	11/30	6:57	4:01	8:42	9:18
Mikeitz, Chanukah	12/07	7:04	4:00	8:47	9:23
Vayigash	12/14	7:10	4:01	8:51	9:27
Vayechi	12/21	7:14	4:03	8:55	9:31
Shemos	12/28	7:17	4:07	8:58	9:34
Vaeira	2019 1/04	7:18	4:13	9:00	9:36
Bo	1/11	7:17	4:20	9:01	9:37
Beshalach	1/18	7:14	4:28	9:01	9:37
Yisro	1/25	7:09	4:37	9:00	9:36
Mishpatim	2/01	7:03	4:46	8:57	9:33
Terumah	2/08	6:55	4:55	8:54	9:30
Tetzavah	2/15	6:47	5:04	8:50	9:26
Ki-Sisah	2/22	6:37	5:12	8:44	9:20
Vayakhel	3/01	6:26	5:21	8:38	9:14
Pekudei	3/08	6:15	5:29	8:32	9:08
Vayikra	3/15	6:03	5:37	8:25	9:01

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

CHICAGO

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:51	5:45	8:18	8:54
Shemini	3/29	5:39	5:52	8:11	8:47
Tazriya	4/05	5:27	6:00	8:04	8:40
Metzora	4/12	5:16	6:08	7:58	8:34
Erev Pesach, Erev Shab.	4/19	5:05	6:15	7:51	8:27
Latest Time To Eat Chometz		(M.A.)	9:11	(G'ra)	9:35
Erev 7th of Pesach	4/25	4:56	6:22	7:46	8:22
Erev 8th of Pesach Erev Shabbos	4/26	4:54	6:23	7:45	8:21
Acharei	5/03	4:45	6:31	7:40	8:16
Kedoshim	5/10	4:36	6:38	7:35	8:11
Emor	5/17	4:29	6:45	7:32	8:08
Behar	5/24	4:23	6:52	7:29	8:05
Bechukosai	5/31	4:19	6:58	7:27	8:03
Bamidbar	6/07	4:16	7:03	7:26	8:02
Naso	6/14	4:15	7:06	7:26	8:02
Behaalosecha	6/21	4:16	7:09	7:28	8:04
Shelach	6/28	4:18	7:09	7:29	8:05
Korach	7/05	4:22	7:08	7:32	8:08
Chukas	7/12	4:26	7:05	7:34	8:10
Balak	7/19	4:32	7:01	7:38	8:14
Pinchas	7/26	4:38	6:55	7:41	8:17
Matos- Masei	8/02	4:45	6:48	7:44	8:20
Devorim	8/09	4:52	6:39	7:47	8:23
Vaeschanan	8/16	4:59	6:29	7:50	8:26
Eikev	8/23	5:07	6:19	7:54	8:30
R'ei	8/30	5:14	6:08	7:56	8:32
Shoftim	9/06	5:21	5:56	7:58	8:34
Ki Seze	9/13	5:28	5:44	8:01	8:37
Ki Savo	9/20	5:35	5:32	8:03	8:39
Nitzavim	9/27	5:43	5:20	8:06	8:42
Erev Rosh Hashana	9/29	5:45	5:16	8:06	8:42

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

CINCINNATI

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:14	6:37	8:48	9:24
Vayeilech	9/14	6:18	6:29	8:49	9:25
Erev Yom Kippur	9/18	6:22	6:22	8:51	9:27
Haazinu	9/21	6:24	6:17	8:51	9:27
Erev Succos	9/23	6:26	6:14	8:52	9:28
Erev Shab. Chol Hamoed	9/28	6:31	6:06	8:53	9:29
Hoshana Rabbah	9/30	6:33	6:03	8:54	9:30
Breishis	10/05	6:38	5:55	8:56	9:32
Noach	10/12	6:44	5:44	8:58	9:34
Lech Lecha	10/19	6:51	5:34	9:00	9:36
Vayeira	10/26	6:59	5:25	9:04	9:40
Chayei Sara	11/02	7:06	5:16	9:07	9:43
Toldos	11/09	7:14	5:09	9:11	9:47
Vayeitzei	11/16	7:22	5:03	9:16	9:52
Vayishlach	11/23	7:30	4:59	9:21	9:57
Vayeishev	11/30	7:37	4:56	9:25	10:01
Mikeitz, Chanukah	12/07	7:44	4:55	9:30	10:06
Vayigash	12/14	7:49	4:56	9:34	10:10
Vayechi	12/21	7:54	4:59	9:39	10:15
Shemos	12/28	7:56	5:03	9:41	10:17
Vaeira	2019 1/04	7:58	5:09	9:44	10:20
Bo	1/11	7:57	5:15	9:45	10:21
Beshalach	1/18	7:55	5:23	9:46	10:22
Yisro	1/25	7:51	5:31	9:45	10:21
Mishpatim	2/01	7:45	5:39	9:42	10:18
Terumah	2/08	7:38	5:47	9:39	10:15
Tetzavah	2/15	7:30	5:55	9:35	10:11
Ki-Sisah	2/22	7:21	6:03	9:30	10:06
Vayakhel	3/01	7:11	6:10	9:24	10:00
Pekudei	3/08	7:01	6:18	9:19	9:55
Vayikra	3/15	6:50	6:25	9:12	9:48

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

CINCINNATI

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:39	6:32	9:06	9:42
Shemini	3/29	6:28	6:39	8:59	9:35
Tazriya	4/05	6:17	6:45	8:53	9:29
Metzora	4/12	6:06	6:52	8:46	9:22
Erev Pesach, Erev Shab.	4/19	5:56	6:59	8:40	9:16
Latest Time To Eat Chometz		(M.A.)	9:59	(G'ra)	10:23
Erev 7th of Pesach	4/25	5:48	7:05	8:36	9:12
Erev 8th of Pesach Erev Shabbos	4/26	5:47	7:06	8:35	9:11
Acharei	5/03	5:38	7:13	8:30	9:06
Kedoshim	5/10	5:30	7:19	8:26	9:02
Emor	5/17	5:24	7:26	8:23	8:59
Behar	5/24	5:18	7:32	8:20	8:56
Bechukosai	5/31	5:14	7:37	8:18	8:54
Bamidbar	6/07	5:12	7:42	8:18	8:54
Naso	6/14	5:11	7:45	8:18	8:54
Behaalosecha	6/21	5:12	7:47	8:19	8:55
Shelach	6/28	5:14	7:48	8:21	8:57
Korach	7/05	5:18	7:47	8:24	9:00
Chukas	7/12	5:22	7:45	8:26	9:02
Balak	7/19	5:27	7:41	8:29	9:05
Pinchas	7/26	5:33	7:36	8:32	9:08
Matos- Masei	8/02	5:39	7:29	8:35	9:11
Devorim	8/09	5:45	7:21	8:38	9:14
Vaeschanan	8/16	5:52	7:12	8:41	9:17
Eikev	8/23	5:58	7:02	8:43	9:19
R'ei	8/30	6:05	6:52	8:45	9:21
Shoftim	9/06	6:11	6:41	8:47	9:23
Ki Seze	9/13	6:17	6:30	8:49	9:25
Ki Savo	9/20	6:24	6:19	8:51	9:27
Nitzavim	9/27	6:30	6:08	8:53	9:29
Erev Rosh Hashana	9/29	6:32	6:04	8:54	9:30

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

CLEVELAND

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:01	6:27	8:36	9:12
Vayeilech	9/14	6:06	6:19	8:38	9:14
Erev Yom Kippur	9/18	6:10	6:12	8:39	9:15
Haazinu	9/21	6:13	6:07	8:40	9:16
Erev Succos	9/23	6:15	6:03	8:41	9:17
Erev Shab. Chol Hamoed	9/28	6:21	5:55	8:43	9:19
Hoshana Rabbah	9/30	6:23	5:51	8:44	9:20
Breishis	10/05	6:28	5:43	8:45	9:21
Noach	10/12	6:36	5:32	8:49	9:25
Lech Lecha	10/19	6:43	5:21	8:51	9:27
Vayeira	10/26	6:52	5:11	8:55	9:31
Chayei Sara	11/02	7:00	5:02	8:59	9:35
Toldos	11/09	7:08	4:54	9:03	9:39
Vayeitzei	11/16	7:17	4:47	9:08	9:44
Vayishlach	11/23	7:25	4:42	9:13	9:49
Vayeishev	11/30	7:33	4:39	9:18	9:54
Mikeitz, Chanukah	12/07	7:40	4:38	9:23	9:59
Vayigash	12/14	7:46	4:38	9:28	10:04
Vayechi	12/21	7:50	4:41	9:31	10:07
Shemos	12/28	7:53	4:45	9:35	10:11
Vaeira	2019 1/04	7:54	4:51	9:37	10:13
Bo	1/11	7:53	4:58	9:38	10:14
Beshalach	1/18	7:50	5:06	9:38	10:14
Yisro	1/25	7:45	5:15	9:36	10:12
Mishpatim	2/01	7:39	5:23	9:34	10:10
Terumah	2/08	7:32	5:32	9:31	10:07
Tetzavah	2/15	7:23	5:41	9:26	10:02
Ki-Sisah	2/22	7:13	5:49	9:21	9:57
Vayakhel	3/01	7:02	5:58	9:15	9:51
Pekudei	3/08	6:51	6:06	9:08	9:44
Vayikra	3/15	6:40	6:14	9:02	9:38

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

CLEVELAND

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:28	6:21	8:55	9:31
Shemini	3/29	6:16	6:29	8:48	9:24
Tazriya	4/05	6:04	6:37	8:41	9:17
Metzora	4/12	5:53	6:44	8:34	9:10
Erev Pesach, Erev Shab.	4/19	5:42	6:52	8:28	9:04
Latest Time To Eat Chometz		(M.A.)	9:48	(G'ra)	10:12
Erev 7th of Pesach	4/25	5:33	6:58	8:23	8:59
Erev 8th of Pesach Erev Shabbos	4/26	5:32	6:59	8:22	8:58
Acharei	5/03	5:22	7:07	8:17	8:53
Kedoshim	5/10	5:14	7:14	8:13	8:49
Emor	5/17	5:07	7:21	8:09	8:45
Behar	5/24	5:01	7:28	8:06	8:42
Bechukosai	5/31	4:57	7:34	8:05	8:41
Bamidbar	6/07	4:54	7:38	8:04	8:40
Naso	6/14	4:53	7:42	8:04	8:40
Behaalosecha	6/21	4:54	7:44	8:05	8:41
Shelach	6/28	4:56	7:45	8:07	8:43
Korach	7/05	5:00	7:44	8:10	8:46
Chukas	7/12	5:04	7:41	8:12	8:48
Balak	7/19	5:10	7:37	8:15	8:51
Pinchas	7/26	5:16	7:31	8:18	8:54
Matos- Masei	8/02	5:23	7:24	8:22	8:58
Devorim	8/09	5:30	7:15	8:25	9:01
Vaeschanan	8/16	5:37	7:06	8:28	9:04
Eikev	8/23	5:44	6:55	8:30	9:06
R'ei	8/30	5:51	6:44	8:33	9:09
Shoftim	9/06	5:58	6:33	8:35	9:11
Ki Seze	9/13	6:05	6:21	8:38	9:14
Ki Savo	9/20	6:12	6:09	8:40	9:16
Nitzavim	9/27	6:20	5:57	8:43	9:19
Erev Rosh Hashana	9/29	6:22	5:53	8:43	9:19

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

COLUMBUS, OH

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:08	6:30	8:42	9:18
Vayeilech	9/14	6:12	6:22	8:43	9:19
Erev Yom Kippur	9/18	6:16	6:15	8:44	9:20
Haazinu	9/21	6:19	6:10	8:45	9:21
Erev Succos	9/23	6:21	6:07	8:46	9:22
Erev Shab. Chol Hamoed	9/28	6:26	5:58	8:48	9:24
Hoshana Rabbah	9/30	6:28	5:55	8:48	9:24
Breishis	10/05	6:33	5:47	8:50	9:26
Noach	10/12	6:40	5:36	8:53	9:29
Lech Lecha	10/19	6:47	5:26	8:55	9:31
Vayeira	10/26	6:55	5:16	8:59	9:35
Chayei Sara	11/02	7:03	5:08	9:03	9:39
Toldos	11/09	7:11	5:01	9:07	9:43
Vayeitzei	11/16	7:19	4:55	9:12	9:48
Vayishlach	11/23	7:27	4:50	9:16	9:52
Vayeishev	11/30	7:34	4:47	9:21	9:57
Mikeitz, Chanukah	12/07	7:41	4:47	9:26	10:02
Vayigash	12/14	7:46	4:48	9:30	10:06
Vayechi	12/21	7:50	4:50	9:34	10:10
Shemos	12/28	7:53	4:55	9:37	10:13
Vaeira	2019 1/04	7:54	5:00	9:39	10:15
Bo	1/11	7:53	5:06	9:40	10:16
Beshalach	1/18	7:51	5:14	9:40	10:16
Yisro	1/25	7:47	5:22	9:39	10:15
Mishpatim	2/01	7:41	5:31	9:37	10:13
Terumah	2/08	7:34	5:39	9:34	10:10
Tetzavah	2/15	7:25	5:47	9:29	10:05
Ki-Sisah	2/22	7:16	5:55	9:24	10:00
Vayakhel	3/01	7:05	6:04	9:18	9:54
Pekudei	3/08	6:54	6:12	9:12	9:48
Vayikra	3/15	6:43	6:19	9:06	9:42

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

COLUMBUS, OH

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:31	6:27	8:59	9:35
Shemini	3/29	6:20	6:34	8:52	9:28
Tazriya	4/05	6:09	6:41	8:46	9:22
Metzora	4/12	5:58	6:48	8:39	9:15
Erev Pesach, Erev Shab.	4/19	5:48	6:55	8:33	9:09
Latest Time To Eat Chometz		(M.A.)	9:53	(G'ra)	10:17
Erev 7th of Pesach	4/25	5:39	7:01	8:28	9:04
Erev 8th of Pesach Erev Shabbos	4/26	5:38	7:02	8:28	9:04
Acharei	5/03	5:29	7:09	8:23	8:59
Kedoshim	5/10	5:21	7:16	8:18	8:54
Emor	5/17	5:15	7:23	8:16	8:52
Behar	5/24	5:09	7:29	8:13	8:49
Bechukosai	5/31	5:06	7:34	8:12	8:48
Bamidbar	6/07	5:03	7:39	8:11	8:47
Naso	6/14	5:03	7:42	8:11	8:47
Behaalosecha	6/21	5:03	7:44	8:12	8:48
Shelach	6/28	5:06	7:45	8:14	8:50
Korach	7/05	5:09	7:44	8:16	8:52
Chukas	7/12	5:14	7:41	8:19	8:55
Balak	7/19	5:19	7:37	8:22	8:58
Pinchas	7/26	5:25	7:31	8:25	9:01
Matos- Masei	8/02	5:32	7:24	8:29	9:05
Devorim	8/09	5:38	7:16	8:31	9:07
Vaeschanan	8/16	5:45	7:07	8:34	9:10
Eikev	8/23	5:52	6:56	8:37	9:13
R'ei	8/30	5:58	6:46	8:39	9:15
Shoftim	9/06	6:05	6:35	8:41	9:17
Ki Seze	9/13	6:11	6:23	8:43	9:19
Ki Savo	9/20	6:18	6:12	8:45	9:21
Nitzavim	9/27	6:25	6:00	8:47	9:23
Erev Rosh Hashana	9/29	6:27	5:57	8:48	9:24

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

DALLAS

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:07	6:21	8:39	9:15
Vayeilech	9/14	6:10	6:14	8:40	9:16
Erev Yom Kippur	9/18	6:13	6:09	8:41	9:17
Haazinu	9/21	6:15	6:04	8:41	9:17
Erev Succos	9/23	6:16	6:02	8:41	9:17
Erev Shab. Chol Hamoed	9/28	6:20	5:55	8:42	9:18
Hoshana Rabbah	9/30	6:21	5:52	8:42	9:18
Breishis	10/05	6:24	5:46	8:43	9:19
Noach	10/12	6:29	5:37	8:45	9:21
Lech Lecha	10/19	6:35	5:29	8:47	9:23
Vayeira	10/26	6:40	5:21	8:49	9:25
Chayei Sara	11/02	6:46	5:15	8:52	9:28
Toldos	11/09	6:52	5:09	8:55	9:31
Vayeitzei	11/16	6:59	5:05	8:59	9:35
Vayishlach	11/23	7:05	5:02	9:03	9:39
Vayeishev	11/30	7:11	5:01	9:07	9:43
Mikeitz, Chanukah	12/07	7:17	5:01	9:12	9:48
Vayigash	12/14	7:22	5:02	9:16	9:52
Vayechi	12/21	7:26	5:05	9:19	9:55
Shemos	12/28	7:29	5:09	9:23	9:59
Vaeira	2019 1/04	7:30	5:14	9:25	10:01
Bo	1/11	7:30	5:20	9:26	10:02
Beshalach	1/18	7:29	5:26	9:27	10:03
Yisro	1/25	7:26	5:33	9:26	10:02
Mishpatim	2/01	7:22	5:39	9:25	10:01
Terumah	2/08	7:17	5:46	9:23	9:59
Tetzavah	2/15	7:11	5:52	9:20	9:56
Ki-Sisah	2/22	7:04	5:58	9:16	9:52
Vayakhel	3/01	6:54	6:05	9:10	9:46
Pekudei	3/08	6:46	6:10	9:06	9:42
Vayikra	3/15	6:37	6:16	9:00	9:36

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

DALLAS

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:28	6:21	8:55	9:31
Shemini	3/29	6:18	6:26	8:49	9:25
Tazriya	4/05	6:09	6:31	8:43	9:19
Metzora	4/12	6:01	6:36	8:38	9:14
Erev Pesach, Erev Shab.	4/19	5:52	6:41	8:33	9:09
Latest Time To Eat Chometz		(M.A.)	9:51	(G'ra)	10:15
Erev 7th of Pesach	4/25	5:46	6:45	8:29	9:05
Erev 8th of Pesach Erev Shabbos	4/26	5:45	6:46	8:29	9:05
Acharei	5/03	5:38	6:51	8:25	9:01
Kedoshim	5/10	5:32	6:56	8:22	8:58
Emor	5/17	5:27	7:01	8:19	8:55
Behar	5/24	5:23	7:06	8:17	8:53
Bechukosai	5/31	5:20	7:10	8:16	8:52
Bamidbar	6/07	5:19	7:14	8:16	8:52
Naso	6/14	5:19	7:17	8:17	8:53
Behaalosecha	6/21	5:20	7:18	8:18	8:54
Shelach	6/28	5:22	7:19	8:20	8:56
Korach	7/05	5:25	7:19	8:22	8:58
Chukas	7/12	5:28	7:17	8:24	9:00
Balak	7/19	5:33	7:14	8:27	9:03
Pinchas	7/26	5:37	7:10	8:29	9:05
Matos- Masei	8/02	5:42	7:04	8:31	9:07
Devorim	8/09	5:47	6:58	8:33	9:09
Vaeschanan	8/16	5:52	6:51	8:35	9:11
Eikev	8/23	5:56	6:42	8:36	9:12
R'ei	8/30	6:01	6:34	8:38	9:14
Shoftim	9/06	6:05	6:25	8:39	9:15
Ki Seze	9/13	6:10	6:15	8:40	9:16
Ki Savo	9/20	6:14	6:06	8:41	9:17
Nitzavim	9/27	6:19	5:56	8:42	9:18
Erev Rosh Hashana	9/29	6:20	5:54	8:42	9:18

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

DENVER

Mountain Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:35	5:59	8:10	8:46
Vayeilech	9/14	5:40	5:51	8:11	8:47
Erev Yom Kippur	9/18	5:43	5:44	8:12	8:48
Haazinu	9/21	5:46	5:39	8:13	8:49
Erev Succos	9/23	5:48	5:36	8:14	8:50
Erev Shab. Chol Hamoed	9/28	5:53	5:28	8:15	8:51
Hoshana Rabbah	9/30	5:55	5:25	8:16	8:52
Breishis	10/05	6:00	5:17	8:18	8:54
Noach	10/12	6:07	5:06	8:20	8:56
Lech Lecha	10/19	6:14	4:55	8:23	8:59
Vayeira	10/26	6:22	4:46	8:27	9:03
Chayei Sara	11/02	6:29	4:37	8:30	9:06
Toldos	11/09	6:37	4:30	8:34	9:10
Vayeitzei	11/16	6:45	4:24	8:38	9:14
Vayishlach	11/23	6:53	4:19	8:43	9:19
Vayeishev	11/30	7:01	4:16	8:48	9:24
Mikeitz, Chanukah	12/07	7:07	4:15	8:53	9:29
Vayigash	12/14	7:13	4:16	8:57	9:33
Vayechi	12/21	7:17	4:19	9:01	9:37
Shemos	12/28	7:20	4:23	9:04	9:40
Vaeira	2019 1/04	7:21	4:29	9:07	9:43
Bo	1/11	7:21	4:35	9:08	9:44
Beshalach	1/18	7:18	4:43	9:08	9:44
Yisro	1/25	7:14	4:51	9:07	9:43
Mishpatim	2/01	7:08	4:59	9:04	9:40
Terumah	2/08	7:01	5:08	9:01	9:37
Tetzavah	2/15	6:53	5:16	8:57	9:33
Ki-Sisah	2/22	6:44	5:24	8:53	9:29
Vayakhel	3/01	6:34	5:32	8:47	9:23
Pekudei	3/08	6:23	5:39	8:41	9:17
Vayikra	3/15	6:12	5:47	8:34	9:10

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

DENVER

Mountain Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:01	5:54	8:28	9:04
Shemini	3/29	5:50	6:01	8:21	8:57
Tazriya	4/05	5:38	6:08	8:14	8:50
Metzora	4/12	5:28	6:15	8:08	8:44
Erev Pesach, Erev Shab.	4/19	5:17	6:22	8:02	8:38
Latest Time To Eat Chometz		(M.A.)	9:21	(G'ra)	9:45
Erev 7th of Pesach	4/25	5:09	6:28	7:57	8:33
Erev 8th of Pesach Erev Shabbos	4/26	5:07	6:29	7:56	8:32
Acharei	5/03	4:59	6:36	7:52	8:28
Kedoshim	5/10	4:51	6:43	7:48	8:24
Emor	5/17	4:44	6:49	7:44	8:20
Behar	5/24	4:38	6:55	7:41	8:17
Bechukosai	5/31	4:34	7:01	7:39	8:15
Bamidbar	6/07	4:32	7:06	7:39	8:15
Naso	6/14	4:31	7:09	7:39	8:15
Behaalosecha	6/21	4:32	7:11	7:40	8:16
Shelach	6/28	4:34	7:12	7:42	8:18
Korach	7/05	4:37	7:11	7:44	8:20
Chukas	7/12	4:42	7:09	7:47	8:23
Balak	7/19	4:47	7:05	7:50	8:26
Pinchas	7/26	4:53	6:59	7:53	8:29
Matos- Masei	8/02	4:59	6:52	7:56	8:32
Devorim	8/09	5:06	6:44	7:59	8:35
Vaeschanan	8/16	5:13	6:35	8:02	8:38
Eikev	8/23	5:19	6:25	8:04	8:40
R'ei	8/30	5:26	6:15	8:07	8:43
Shoftim	9/06	5:32	6:04	8:09	8:45
Ki Seze	9/13	5:39	5:52	8:11	8:47
Ki Savo	9/20	5:45	5:41	8:13	8:49
Nitzavim	9/27	5:52	5:30	8:15	8:51
Erev Rosh Hashana	9/29	5:54	5:26	8:16	8:52

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

DETROIT

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:07	6:34	8:42	9:18
Vayeilech	9/14	6:12	6:25	8:44	9:20
Erev Yom Kippur	9/18	6:16	6:18	8:45	9:21
Haazinu	9/21	6:19	6:13	8:46	9:22
Erev Succos	9/23	6:21	6:09	8:47	9:23
Erev Shab. Chol Hamoed	9/28	6:27	6:01	8:49	9:25
Hoshana Rabbah	9/30	6:29	5:57	8:50	9:26
Breishis	10/05	6:34	5:49	8:51	9:27
Noach	10/12	6:42	5:37	8:54	9:30
Lech Lecha	10/19	6:50	5:26	8:58	9:34
Vayeira	10/26	6:59	5:15	9:02	9:38
Chayei Sara	11/02	7:07	5:06	9:05	9:41
Toldos	11/09	7:16	4:58	9:10	9:46
Vayeitzei	11/16	7:25	4:51	9:15	9:51
Vayishlach	11/23	7:33	4:46	9:20	9:56
Vayeishev	11/30	7:41	4:43	9:25	10:01
Mikeitz, Chanukah	12/07	7:48	4:41	9:30	10:06
Vayigash	12/14	7:54	4:42	9:35	10:11
Vayechi	12/21	7:59	4:44	9:39	10:15
Shemos	12/28	8:02	4:49	9:42	10:18
Vaeira	2019 1/04	8:02	4:55	9:44	10:20
Bo	1/11	8:01	5:02	9:45	10:21
Beshalach	1/18	7:58	5:10	9:45	10:21
Yisro	1/25	7:54	5:19	9:44	10:20
Mishpatim	2/01	7:47	5:28	9:41	10:17
Terumah	2/08	7:39	5:37	9:37	10:13
Tetzavah	2/15	7:30	5:46	9:33	10:09
Ki-Sisah	2/22	7:20	5:54	9:27	10:03
Vayakhel	3/01	7:09	6:03	9:21	9:57
Pekudei	3/08	6:58	6:11	9:15	9:51
Vayikra	3/15	6:46	6:20	9:08	9:44

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

DETROIT

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:34	6:28	9:01	9:37
Shemini	3/29	6:22	6:35	8:54	9:30
Tazriya	4/05	6:10	6:43	8:47	9:23
Metzora	4/12	5:58	6:51	8:40	9:16
Erev Pesach, Erev Shab.	4/19	5:47	6:59	8:34	9:10
Latest Time To Eat Chometz		(M.A.)	9:53	(G'ra)	10:17
Erev 7th of Pesach	4/25	5:38	7:06	8:29	9:05
Erev 8th of Pesach Erev Shabbos	4/26	5:36	7:07	8:27	9:03
Acharei	5/03	5:27	7:15	8:23	8:59
Kedoshim	5/10	5:18	7:22	8:18	8:54
Emor	5/17	5:11	7:29	8:14	8:50
Behar	5/24	5:05	7:36	8:11	8:47
Bechukosai	5/31	5:00	7:42	8:09	8:45
Bamidbar	6/07	4:57	7:47	8:08	8:44
Naso	6/14	4:56	7:51	8:08	8:44
Behaalosecha	6/21	4:57	7:53	8:10	8:46
Shelach	6/28	4:59	7:54	8:11	8:47
Korach	7/05	5:03	7:53	8:14	8:50
Chukas	7/12	5:08	7:50	8:17	8:53
Balak	7/19	5:13	7:45	8:20	8:56
Pinchas	7/26	5:20	7:39	8:23	8:59
Matos- Masei	8/02	5:27	7:32	8:27	9:03
Devorim	8/09	5:34	7:23	8:30	9:06
Vaeschanan	8/16	5:41	7:13	8:33	9:09
Eikev	8/23	5:49	7:02	8:36	9:12
R'ei	8/30	5:56	6:51	8:38	9:14
Shoftim	9/06	6:04	6:39	8:41	9:17
Ki Seze	9/13	6:11	6:27	8:44	9:20
Ki Savo	9/20	6:18	6:15	8:46	9:22
Nitzavim	9/27	6:26	6:02	8:49	9:25
Erev Rosh Hashana	9/29	6:28	5:59	8:49	9:25

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

HARTFORD

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:25	5:50	8:00	8:36
Vayeilech	9/14	5:30	5:42	8:02	8:38
Erev Yom Kippur	9/18	5:34	5:35	8:03	8:39
Haazinu	9/21	5:37	5:29	8:04	8:40
Erev Succos	9/23	5:39	5:26	8:04	8:40
Erev Shab. Chol Hamoed	9/28	5:45	5:17	8:07	8:43
Hoshana Rabbah	9/30	5:47	5:14	8:07	8:43
Breishis	10/05	5:52	5:05	8:09	8:45
Noach	10/12	6:00	4:54	8:12	8:48
Lech Lecha	10/19	6:08	4:43	8:15	8:51
Vayeira	10/26	6:16	4:33	8:19	8:55
Chayei Sara	11/02	6:24	4:24	8:23	8:59
Toldos	11/09	6:33	4:16	8:27	9:03
Vayeitzei	11/16	6:42	4:09	8:32	9:08
Vayishlach	11/23	6:50	4:04	8:37	9:13
Vayeishev	11/30	6:58	4:01	8:42	9:18
Mikeitz, Chanukah	12/07	7:05	4:00	8:47	9:23
Vayigash	12/14	7:10	4:01	8:51	9:27
Vayechi	12/21	7:15	4:03	8:56	9:32
Shemos	12/28	7:17	4:08	8:58	9:34
Vaeira	2019 1/04	7:18	4:14	9:01	9:37
Bo	1/11	7:17	4:21	9:02	9:38
Beshalach	1/18	7:14	4:29	9:01	9:37
Yisro	1/25	7:09	4:38	9:00	9:36
Mishpatim	2/01	7:03	4:46	8:57	9:33
Terumah	2/08	6:55	4:55	8:54	9:30
Tetzavah	2/15	6:46	5:04	8:49	9:25
Ki-Sisah	2/22	6:36	5:13	8:44	9:20
Vayakhel	3/01	6:25	5:21	8:38	9:14
Pekudei	3/08	6:14	5:30	8:32	9:08
Vayikra	3/15	6:02	5:38	8:25	9:01

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

HARTFORD

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:50	5:45	8:17	8:53
Shemini	3/29	5:39	5:53	8:11	8:47
Tazriya	4/05	5:27	6:01	8:04	8:40
Metzora	4/12	5:15	6:08	7:57	8:33
Erev Pesach, Erev Shab.	4/19	5:04	6:16	7:51	8:27
Latest Time To Eat Chometz		(M.A.)	9:10	(G'ra)	9:34
Erev 7th of Pesach	4/25	4:55	6:23	7:46	8:22
Erev 8th of Pesach Erev Shabbos	4/26	4:54	6:24	7:45	8:21
Acharei	5/03	4:44	6:31	7:39	8:15
Kedoshim	5/10	4:36	6:39	7:35	8:11
Emor	5/17	4:29	6:46	7:32	8:08
Behar	5/24	4:23	6:53	7:29	8:05
Bechukosai	5/31	4:19	6:58	7:27	8:03
Bamidbar	6/07	4:16	7:03	7:26	8:02
Naso	6/14	4:15	7:07	7:27	8:03
Behaalosecha	6/21	4:16	7:09	7:28	8:04
Shelach	6/28	4:18	7:10	7:30	8:06
Korach	7/05	4:22	7:08	7:32	8:08
Chukas	7/12	4:27	7:05	7:35	8:11
Balak	7/19	4:33	7:01	7:39	8:15
Pinchas	7/26	4:39	6:55	7:42	8:18
Matos- Masei	8/02	4:46	6:47	7:45	8:21
Devorim	8/09	4:53	6:39	7:48	8:24
Vaeschanan	8/16	5:00	6:29	7:51	8:27
Eikev	8/23	5:07	6:18	7:53	8:29
R'ei	8/30	5:15	6:07	7:57	8:33
Shoftim	9/06	5:22	5:55	7:59	8:35
Ki Seze	9/13	5:29	5:43	8:01	8:37
Ki Savo	9/20	5:36	5:31	8:03	8:39
Nitzavim	9/27	5:44	5:19	8:06	8:42
Erev Rosh Hashana	9/29	5:46	5:16	8:07	8:43

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

HOUSTON

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:03	6:14	8:34	9:10
Vayeilech	9/14	6:06	6:08	8:35	9:11
Erev Yom Kippur	9/18	6:08	6:03	8:35	9:11
Haazinu	9/21	6:09	5:59	8:35	9:11
Erev Succos	9/23	6:11	5:57	8:36	9:12
Erev Shab. Chol Hamoed	9/28	6:13	5:50	8:36	9:12
Hoshana Rabbah	9/30	6:14	5:48	8:36	9:12
Breishis	10/05	6:17	5:42	8:37	9:13
Noach	10/12	6:22	5:34	8:39	9:15
Lech Lecha	10/19	6:26	5:27	8:40	9:16
Vayeira	10/26	6:31	5:20	8:42	9:18
Chayei Sara	11/02	6:36	5:14	8:44	9:20
Toldos	11/09	6:42	5:09	8:47	9:23
Vayeitzei	11/16	6:47	5:05	8:50	9:26
Vayishlach	11/23	6:53	5:03	8:54	9:30
Vayeishev	11/30	6:59	5:02	8:58	9:34
Mikeitz, Chanukah	12/07	7:04	5:02	9:02	9:38
Vayigash	12/14	7:09	5:04	9:06	9:42
Vayechi	12/21	7:13	5:07	9:10	9:46
Shemos	12/28	7:16	5:11	9:13	9:49
Vaeira	2019 1/04	7:18	5:16	9:16	9:52
Bo	1/11	7:18	5:22	9:18	9:54
Beshalach	1/18	7:17	5:27	9:18	9:54
Yisro	1/25	7:15	5:33	9:18	9:54
Mishpatim	2/01	7:11	5:39	9:17	9:53
Terumah	2/08	7:07	5:45	9:15	9:51
Tetzavah	2/15	7:01	5:51	9:12	9:48
Ki-Sisah	2/22	6:54	5:56	9:08	9:44
Vayakhel	3/01	6:47	6:01	9:04	9:40
Pekudei	3/08	6:39	6:06	8:59	9:35
Vayikra	3/15	6:31	6:10	8:54	9:30

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

HOUSTON

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:23	6:14	8:49	9:25
Shemini	3/29	6:14	6:19	8:44	9:20
Tazriya	4/05	6:06	6:23	8:39	9:15
Metzora	4/12	5:58	6:27	8:34	9:10
Erev Pesach, Erev Shab.	4/19	5:51	6:31	8:30	9:06
Latest Time To Eat Chometz		(M.A.)	9:47	(G'ra)	10:11
Erev 7th of Pesach	4/25	5:44	6:35	8:25	9:01
Erev 8th of Pesach Erev Shabbos	4/26	5:43	6:36	8:25	9:01
Acharei	5/03	5:37	6:40	8:21	8:57
Kedoshim	5/10	5:32	6:44	8:19	8:55
Emor	5/17	5:27	6:49	8:16	8:52
Behar	5/24	5:24	6:53	8:15	8:51
Bechukosai	5/31	5:22	6:57	8:14	8:50
Bamidbar	6/07	5:21	7:01	8:15	8:51
Naso	6/14	5:21	7:03	8:15	8:51
Behaalosecha	6/21	5:22	7:05	8:16	8:52
Shelach	6/28	5:24	7:06	8:18	8:54
Korach	7/05	5:26	7:06	8:20	8:56
Chukas	7/12	5:30	7:04	8:22	8:58
Balak	7/19	5:34	7:02	8:25	9:01
Pinchas	7/26	5:38	6:58	8:27	9:03
Matos- Masei	8/02	5:42	6:53	8:28	9:04
Devorim	8/09	5:46	6:48	8:30	9:06
Vaeschanan	8/16	5:50	6:41	8:31	9:07
Eikev	8/23	5:54	6:34	8:33	9:09
R'ei	8/30	5:58	6:26	8:34	9:10
Shoftim	9/06	6:02	6:18	8:35	9:11
Ki Seze	9/13	6:05	6:09	8:35	9:11
Ki Savo	9/20	6:09	6:00	8:35	9:11
Nitzavim	9/27	6:13	5:52	8:36	9:12
Erev Rosh Hashana	9/29	6:14	5:49	8:36	9:12

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

INDIANAPOLIS

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:20	6:42	8:54	9:30
Vayeilech	9/14	6:25	6:34	8:56	9:32
Erev Yom Kippur	9/18	6:29	6:27	8:57	9:33
Haazinu	9/21	6:32	6:22	8:58	9:34
Erev Succos	9/23	6:34	6:19	8:59	9:35
Erev Shab. Chol Hamoed	9/28	6:38	6:11	9:00	9:36
Hoshana Rabbah	9/30	6:40	6:08	9:01	9:37
Breishis	10/05	6:45	6:00	9:02	9:38
Noach	10/12	6:52	5:49	9:05	9:41
Lech Lecha	10/19	7:00	5:39	9:08	9:44
Vayeira	10/26	7:07	5:29	9:11	9:47
Chayei Sara	11/02	7:15	5:21	9:15	9:51
Toldos	11/09	7:23	5:14	9:19	9:55
Vayeitzei	11/16	7:31	5:08	9:24	10:00
Vayishlach	11/23	7:39	5:03	9:29	10:05
Vayeishev	11/30	7:46	5:01	9:33	10:09
Mikeitz, Chanukah	12/07	7:53	5:00	9:38	10:14
Vayigash	12/14	7:58	5:01	9:42	10:18
Vayechi	12/21	8:02	5:03	9:46	10:22
Shemos	12/28	8:05	5:08	9:49	10:25
Vaeira	2019 1/04	8:06	5:13	9:51	10:27
Bo	1/11	8:05	5:20	9:52	10:28
Beshalach	1/18	8:03	5:27	9:53	10:29
Yisro	1/25	7:59	5:35	9:52	10:28
Mishpatim	2/01	7:53	5:44	9:49	10:25
Terumah	2/08	7:46	5:52	9:46	10:22
Tetzavah	2/15	7:38	6:00	9:42	10:18
Ki-Sisah	2/22	7:28	6:08	9:37	10:13
Vayakhel	3/01	7:17	6:17	9:31	10:07
Pekudei	3/08	7:06	6:25	9:24	10:00
Vayikra	3/15	6:55	6:32	9:18	9:54

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

INDIANAPOLIS

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:44	6:39	9:11	9:47
Shemini	3/29	6:33	6:46	9:05	9:41
Tazriya	4/05	6:22	6:53	8:58	9:34
Metzora	4/12	6:11	7:00	8:52	9:28
Erev Pesach, Erev Shab.	4/19	6:00	7:07	8:45	9:21
Latest Time To Eat Chometz		(M.A.)	10:05	(G'ra)	10:29
Erev 7th of Pesach	4/25	5:52	7:13	8:41	9:17
Erev 8th of Pesach Erev Shabbos	4/26	5:51	7:14	8:40	9:16
Acharei	5/03	5:42	7:21	8:35	9:11
Kedoshim	5/10	5:34	7:28	8:31	9:07
Emor	5/17	5:28	7:35	8:28	9:04
Behar	5/24	5:22	7:41	8:25	9:01
Bechukosai	5/31	5:19	7:46	8:24	9:00
Bamidbar	6/07	5:16	7:51	8:23	8:59
Naso	6/14	5:16	7:54	8:24	9:00
Behaalosecha	6/21	5:17	7:56	8:25	9:01
Shelach	6/28	5:19	7:57	8:27	9:03
Korach	7/05	5:23	7:56	8:30	9:06
Chukas	7/12	5:27	7:53	8:32	9:08
Balak	7/19	5:33	7:49	8:36	9:12
Pinchas	7/26	5:39	7:43	8:39	9:15
Matos- Masei	8/02	5:45	7:36	8:41	9:17
Devorim	8/09	5:51	7:28	8:44	9:20
Vaeschanan	8/16	5:58	7:19	8:47	9:23
Eikev	8/23	6:05	7:09	8:50	9:26
R'ei	8/30	6:11	6:58	8:51	9:27
Shoftim	9/06	6:18	6:47	8:54	9:30
Ki Seze	9/13	6:24	6:36	8:56	9:32
Ki Savo	9/20	6:31	6:24	8:58	9:34
Nitzavim	9/27	6:37	6:13	9:00	9:36
Erev Rosh Hashana	9/29	6:39	6:09	9:00	9:36

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

LAKESWOOD

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:32	5:55	8:06	8:42
Vayeilech	9/14	5:37	5:47	8:08	8:44
Erev Yom Kippur	9/18	5:41	5:40	8:09	8:45
Haazinu	9/21	5:44	5:35	8:10	8:46
Erev Succos	9/23	5:46	5:32	8:11	8:47
Erev Shab. Chol Hamoed	9/28	5:50	5:24	8:12	8:48
Hoshana Rabbah	9/30	5:52	5:21	8:13	8:49
Breishis	10/05	5:57	5:12	8:14	8:50
Noach	10/12	6:04	5:01	8:17	8:53
Lech Lecha	10/19	6:12	4:51	8:20	8:56
Vayeira	10/26	6:20	4:42	8:24	9:00
Chayei Sara	11/02	6:27	4:33	8:27	9:03
Toldos	11/09	6:36	4:26	8:32	9:08
Vayeitzei	11/16	6:44	4:19	8:36	9:12
Vayishlach	11/23	6:52	4:15	8:41	9:17
Vayeishev	11/30	6:59	4:12	8:46	9:22
Mikeitz, Chanukah	12/07	7:06	4:11	8:51	9:27
Vayigash	12/14	7:11	4:12	8:55	9:31
Vayechi	12/21	7:16	4:15	8:59	9:35
Shemos	12/28	7:18	4:19	9:02	9:38
Vaeira	2019 1/04	7:19	4:25	9:04	9:40
Bo	1/11	7:18	4:32	9:05	9:41
Beshalach	1/18	7:16	4:40	9:06	9:42
Yisro	1/25	7:11	4:48	9:04	9:40
Mishpatim	2/01	7:05	4:56	9:01	9:37
Terumah	2/08	6:58	5:05	8:58	9:34
Tetzavah	2/15	6:50	5:13	8:54	9:30
Ki-Sisah	2/22	6:40	5:21	8:49	9:25
Vayakhel	3/01	6:30	5:29	8:43	9:19
Pekudei	3/08	6:19	5:37	8:37	9:13
Vayikra	3/15	6:08	5:44	8:31	9:07

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

LAKESWOOD

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:57	5:51	8:24	9:00
Shemini	3/29	5:45	5:58	8:17	8:53
Tazriya	4/05	5:34	6:05	8:10	8:46
Metzora	4/12	5:23	6:13	8:04	8:40
Erev Pesach, Erev Shab.	4/19	5:13	6:20	7:58	8:34
Latest Time To Eat Chometz		(M.A.)	9:18	(G'ra)	9:42
Erev 7th of Pesach	4/25	5:04	6:26	7:53	8:29
Erev 8th of Pesach Erev Shabbos	4/26	5:03	6:27	7:53	8:29
Acharei	5/03	4:54	6:34	7:48	8:24
Kedoshim	5/10	4:46	6:41	7:43	8:19
Emor	5/17	4:39	6:48	7:40	8:16
Behar	5/24	4:34	6:54	7:38	8:14
Bechukosai	5/31	4:30	6:59	7:36	8:12
Bamidbar	6/07	4:28	7:04	7:36	8:12
Naso	6/14	4:27	7:07	7:36	8:12
Behaalosecha	6/21	4:28	7:10	7:37	8:13
Shelach	6/28	4:30	7:10	7:39	8:15
Korach	7/05	4:34	7:09	7:41	8:17
Chukas	7/12	4:38	7:06	7:44	8:20
Balak	7/19	4:44	7:02	7:47	8:23
Pinchas	7/26	4:50	6:57	7:50	8:26
Matos- Masei	8/02	4:56	6:49	7:53	8:29
Devorim	8/09	5:03	6:41	7:56	8:32
Vaeschanan	8/16	5:09	6:32	7:58	8:34
Eikev	8/23	5:16	6:22	8:01	8:37
R'ei	8/30	5:23	6:11	8:04	8:40
Shoftim	9/06	5:29	6:00	8:05	8:41
Ki Seze	9/13	5:36	5:49	8:08	8:44
Ki Savo	9/20	5:43	5:37	8:10	8:46
Nitzavim	9/27	5:49	5:25	8:12	8:48
Erev Rosh Hashana	9/29	5:51	5:22	8:12	8:48

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

LAS VEGAS

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Gr"a
Erev Rosh Hashana	9/9	5:19	5:36	7:52	8:28
Vayeilech	9/14	5:23	5:29	7:53	8:29
Erev Yom Kippur	9/18	5:26	5:23	7:54	8:30
Haazinu	9/21	5:28	5:19	7:54	8:30
Erev Succos	9/23	5:30	5:16	7:55	8:31
Erev Shab. Chol Hamoed	9/28	5:34	5:08	7:56	8:32
Hoshana Rabbah	9/30	5:35	5:05	7:56	8:32
Breishis	10/05	5:39	4:58	7:57	8:33
Noach	10/12	5:45	4:48	7:59	8:35
Lech Lecha	10/19	5:51	4:39	8:02	8:38
Vayeira	10/26	5:58	4:31	8:05	8:41
Chayei Sara	11/02	6:05	4:23	8:08	8:44
Toldos	11/09	6:12	4:17	8:12	8:48
Vayeitzei	11/16	6:19	4:12	8:16	8:52
Vayishlach	11/23	6:26	4:08	8:20	8:56
Vayeishev	11/30	6:33	4:06	8:25	9:01
Mikeitz, Chanukah	12/07	6:39	4:06	8:29	9:05
Vayigash	12/14	6:44	4:07	8:33	9:09
Vayechi	12/21	6:48	4:10	8:37	9:13
Shemos	12/28	6:51	4:14	8:40	9:16
Vaeira	2019 1/04	6:52	4:20	8:43	9:19
Bo	1/11	6:52	4:26	8:44	9:20
Beshalach	1/18	6:50	4:33	8:44	9:20
Yisro	1/25	6:46	4:40	8:43	9:19
Mishpatim	2/01	6:41	4:48	8:41	9:17
Terumah	2/08	6:35	4:55	8:39	9:15
Tetzavah	2/15	6:28	5:02	8:35	9:11
Ki-Sisah	2/22	6:20	5:09	8:31	9:07
Vayakhel	3/01	6:11	5:16	8:26	9:02
Pekudei	3/08	6:01	5:22	8:20	8:56
Vayikra	3/15	5:51	5:28	8:14	8:50

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

LAS VEGAS

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:41	5:34	8:08	8:44
Shemini	3/29	5:31	5:40	8:02	8:38
Tazriya	4/05	5:21	5:46	7:56	8:32
Metzora	4/12	5:11	5:52	7:50	8:26
Erev Pesach, Erev Shab.	4/19	5:02	5:58	7:45	8:21
Latest Time To Eat Chometz		(M.A.)	9:03	(G'ra)	9:27
Erev 7th of Pesach	4/25	4:54	6:03	7:40	8:16
Erev 8th of Pesach Erev Shabbos	4/26	4:53	6:04	7:39	8:15
Acharei	5/03	4:45	6:10	7:35	8:11
Kedoshim	5/10	4:39	6:16	7:32	8:08
Emor	5/17	4:33	6:22	7:29	8:05
Behar	5/24	4:28	6:27	7:26	8:02
Bechukosai	5/31	4:25	6:32	7:25	8:01
Bamidbar	6/07	4:23	6:36	7:25	8:01
Naso	6/14	4:23	6:39	7:26	8:02
Behaalosecha	6/21	4:24	6:41	7:27	8:03
Shelach	6/28	4:26	6:42	7:29	8:05
Korach	7/05	4:29	6:41	7:31	8:07
Chukas	7/12	4:33	6:39	7:33	8:09
Balak	7/19	4:38	6:36	7:36	8:12
Pinchas	7/26	4:43	6:31	7:39	8:15
Matos- Masei	8/02	4:49	6:25	7:42	8:18
Devorim	8/09	4:54	6:17	7:43	8:19
Vaeschanan	8/16	5:00	6:09	7:46	8:22
Eikev	8/23	5:05	6:00	7:47	8:23
R'ei	8/30	5:11	5:51	7:50	8:26
Shoftim	9/06	5:16	5:41	7:51	8:27
Ki Seze	9/13	5:22	5:31	7:53	8:29
Ki Savo	9/20	5:27	5:20	7:54	8:30
Nitzavim	9/27	5:33	5:10	7:56	8:32
Erev Rosh Hashana	9/29	5:34	5:07	7:56	8:32

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

LOS ANGELES

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:32	5:48	8:05	8:41
Vayeilech	9/14	5:35	5:41	8:05	8:41
Erev Yom Kippur	9/18	5:38	5:36	8:06	8:42
Haazinu	9/21	5:40	5:31	8:06	8:42
Erev Succos	9/23	5:41	5:29	8:07	8:43
Erev Shab. Chol Hamoed	9/28	5:45	5:22	8:08	8:44
Hoshana Rabbah	9/30	5:46	5:19	8:08	8:44
Breishis	10/05	5:50	5:12	8:09	8:45
Noach	10/12	5:55	5:03	8:11	8:47
Lech Lecha	10/19	6:01	4:54	8:13	8:49
Vayeira	10/26	6:07	4:46	8:15	8:51
Chayei Sara	11/02	6:13	4:39	8:18	8:54
Toldos	11/09	6:20	4:34	8:22	8:58
Vayeitzei	11/16	6:26	4:29	8:25	9:01
Vayishlach	11/23	6:33	4:26	8:30	9:06
Vayeishev	11/30	6:39	4:24	8:34	9:10
Mikeitz, Chanukah	12/07	6:45	4:24	8:38	9:14
Vayigash	12/14	6:50	4:25	8:42	9:18
Vayechi	12/21	6:55	4:28	8:47	9:23
Shemos	12/28	6:58	4:32	8:50	9:26
Vaeira	2019 1/04	6:59	4:37	8:52	9:28
Bo	1/11	6:59	4:43	8:54	9:30
Beshalach	1/18	6:58	4:50	8:55	9:31
Yisro	1/25	6:55	4:56	8:54	9:30
Mishpatim	2/01	6:50	5:03	8:52	9:28
Terumah	2/08	6:45	5:10	8:50	9:26
Tetzavah	2/15	6:38	5:17	8:46	9:22
Ki-Sisah	2/22	6:30	5:23	8:42	9:18
Vayakhel	3/01	6:22	5:29	8:37	9:13
Pekudei	3/08	6:13	5:35	8:32	9:08
Vayikra	3/15	6:04	5:41	8:27	9:03

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

LOS ANGELES

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:54	5:46	8:21	8:57
Shemini	3/29	5:45	5:51	8:15	8:51
Tazriya	4/05	5:35	5:57	8:09	8:45
Metzora	4/12	5:26	6:02	8:04	8:40
Erev Pesach, Erev Shab.	4/19	5:17	6:07	7:58	8:34
Latest Time To Eat Chometz		(M.A.)	9:16	(G'ra)	9:40
Erev 7th of Pesach	4/25	5:10	6:12	7:54	8:30
Erev 8th of Pesach Erev Shabbos	4/26	5:09	6:13	7:54	8:30
Acharei	5/03	5:02	6:18	7:50	8:26
Kedoshim	5/10	4:55	6:24	7:46	8:22
Emor	5/17	4:50	6:29	7:43	8:19
Behar	5/24	4:46	6:34	7:42	8:18
Bechukosai	5/31	4:43	6:38	7:40	8:16
Bamidbar	6/07	4:41	6:42	7:40	8:16
Naso	6/14	4:41	6:45	7:41	8:17
Behaalosecha	6/21	4:42	6:47	7:42	8:18
Shelach	6/28	4:44	6:48	7:44	8:20
Korach	7/05	4:47	6:48	7:46	8:22
Chukas	7/12	4:51	6:46	7:48	8:24
Balak	7/19	4:55	6:43	7:51	8:27
Pinchas	7/26	5:00	6:39	7:53	8:29
Matos- Masei	8/02	5:05	6:33	7:56	8:32
Devorim	8/09	5:10	6:26	7:58	8:34
Vaeschanan	8/16	5:15	6:19	8:00	8:36
Eikev	8/23	5:20	6:11	8:01	8:37
R'ei	8/30	5:25	6:02	8:03	8:39
Shoftim	9/06	5:30	5:52	8:04	8:40
Ki Seze	9/13	5:35	5:43	8:06	8:42
Ki Savo	9/20	5:39	5:33	8:06	8:42
Nitzavim	9/27	5:44	5:23	8:07	8:43
Erev Rosh Hashana	9/29	5:46	5:20	8:08	8:44

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MEMPHIS

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:39	5:55	8:12	8:48
Vayeilech	9/14	5:42	5:48	8:12	8:48
Erev Yom Kippur	9/18	5:45	5:42	8:13	8:49
Haazinu	9/21	5:47	5:38	8:13	8:49
Erev Succos	9/23	5:49	5:35	8:14	8:50
Erev Shab. Chol Hamoed	9/28	5:53	5:28	8:15	8:51
Hoshana Rabbah	9/30	5:54	5:25	8:15	8:51
Breishis	10/05	5:58	5:18	8:17	8:53
Noach	10/12	6:04	5:09	8:19	8:55
Lech Lecha	10/19	6:10	5:00	8:21	8:57
Vayeira	10/26	6:16	4:52	8:24	9:00
Chayei Sara	11/02	6:22	4:44	8:26	9:02
Toldos	11/09	6:29	4:38	8:30	9:06
Vayeitzei	11/16	6:36	4:33	8:34	9:10
Vayishlach	11/23	6:43	4:30	8:38	9:14
Vayeishev	11/30	6:49	4:28	8:42	9:18
Mikeitz, Chanukah	12/07	6:55	4:28	8:47	9:23
Vayigash	12/14	7:00	4:29	8:51	9:27
Vayechi	12/21	7:04	4:32	8:55	9:31
Shemos	12/28	7:07	4:36	8:58	9:34
Vaeira	2019 1/04	7:09	4:42	9:01	9:37
Bo	1/11	7:09	4:48	9:02	9:38
Beshalach	1/18	7:07	4:55	9:03	9:39
Yisro	1/25	7:04	5:02	9:02	9:38
Mishpatim	2/01	6:59	5:09	9:00	9:36
Terumah	2/08	6:53	5:16	8:57	9:33
Tetzavah	2/15	6:46	5:23	8:54	9:30
Ki-Sisah	2/22	6:38	5:29	8:49	9:25
Vayakhel	3/01	6:29	5:36	8:44	9:20
Pekudei	3/08	6:20	5:42	8:39	9:15
Vayikra	3/15	6:10	5:48	8:33	9:09

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MEMPHIS

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:01	5:53	8:28	9:04
Shemini	3/29	5:51	5:59	8:22	8:58
Tazriya	4/05	5:41	6:05	8:16	8:52
Metzora	4/12	5:32	6:10	8:10	8:46
Erev Pesach, Erev Shab.	4/19	5:23	6:16	8:05	8:41
Latest Time To Eat Chometz		(M.A.)	9:23	(G'ra)	9:47
Erev 7th of Pesach	4/25	5:15	6:21	8:00	8:36
Erev 8th of Pesach Erev Shabbos	4/26	5:14	6:22	8:00	8:36
Acharei	5/03	5:07	6:27	7:56	8:32
Kedoshim	5/10	5:00	6:33	7:52	8:28
Emor	5/17	4:55	6:39	7:50	8:26
Behar	5/24	4:50	6:44	7:47	8:23
Bechukosai	5/31	4:47	6:48	7:46	8:22
Bamidbar	6/07	4:45	6:52	7:45	8:21
Naso	6/14	4:45	6:56	7:46	8:22
Behaalosecha	6/21	4:46	6:58	7:48	8:24
Shelach	6/28	4:48	6:58	7:49	8:25
Korach	7/05	4:51	6:58	7:51	8:27
Chukas	7/12	4:55	6:56	7:54	8:30
Balak	7/19	5:00	6:52	7:57	8:33
Pinchas	7/26	5:05	6:48	7:59	8:35
Matos- Masei	8/02	5:10	6:42	8:02	8:38
Devorim	8/09	5:15	6:35	8:04	8:40
Vaeschanan	8/16	5:21	6:27	8:06	8:42
Eikev	8/23	5:26	6:18	8:08	8:44
R'ei	8/30	5:31	6:09	8:09	8:45
Shoftim	9/06	5:36	5:59	8:10	8:46
Ki Seze	9/13	5:41	5:49	8:12	8:48
Ki Savo	9/20	5:47	5:39	8:14	8:50
Nitzavim	9/27	5:52	5:29	8:15	8:51
Erev Rosh Hashana	9/29	5:53	5:26	8:15	8:51

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MIAMI

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:04	6:12	8:35	9:11
Vayeilech	9/14	6:06	6:06	8:35	9:11
Erev Yom Kippur	9/18	6:08	6:02	8:35	9:11
Haazinu	9/21	6:09	5:59	8:35	9:11
Erev Succos	9/23	6:10	5:56	8:35	9:11
Erev Shab. Chol Hamoed	9/28	6:12	5:51	8:35	9:11
Hoshana Rabbah	9/30	6:12	5:49	8:35	9:11
Breishis	10/05	6:15	5:43	8:36	9:12
Noach	10/12	6:18	5:36	8:36	9:12
Lech Lecha	10/19	6:21	5:30	8:37	9:13
Vayeira	10/26	6:25	5:24	8:38	9:14
Chayei Sara	11/02	6:30	5:19	8:41	9:17
Toldos	11/09	6:34	5:15	8:43	9:19
Vayeitzei	11/16	6:39	5:12	8:46	9:22
Vayishlach	11/23	6:44	5:10	8:49	9:25
Vayeishev	11/30	6:49	5:09	8:53	9:29
Mikeitz, Chanukah	12/07	6:54	5:10	8:57	9:33
Vayigash	12/14	6:59	5:12	9:01	9:37
Vayechi	12/21	7:03	5:15	9:05	9:41
Shemos	12/28	7:06	5:19	9:08	9:44
Vaeira	2019 1/04	7:08	5:23	9:10	9:46
Bo	1/11	7:09	5:28	9:12	9:48
Beshalach	1/18	7:09	5:34	9:14	9:50
Yisro	1/25	7:07	5:39	9:14	9:50
Mishpatim	2/01	7:05	5:44	9:13	9:49
Terumah	2/08	7:01	5:49	9:12	9:48
Tetzavah	2/15	6:56	5:54	9:09	9:45
Ki-Sisah	2/22	6:51	5:58	9:06	9:42
Vayakhel	3/01	6:44	6:02	9:02	9:38
Pekudei	3/08	6:38	6:06	8:59	9:35
Vayikra	3/15	6:30	6:10	8:54	9:30

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MIAMI

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:23	6:13	8:49	9:25
Shemini	3/29	6:16	6:16	8:45	9:21
Tazriya	4/05	6:08	6:19	8:39	9:15
Metzora	4/12	6:01	6:22	8:35	9:11
Erev Pesach, Erev Shab.	4/19	5:54	6:26	8:31	9:07
Latest Time To Eat Chometz		(M.A.)	9:47	(G'ra)	10:11
Erev 7th of Pesach	4/25	5:49	6:29	8:28	9:04
Erev 8th of Pesach Erev Shabbos	4/26	5:48	6:29	8:27	9:03
Acharei	5/03	5:43	6:33	8:24	9:00
Kedoshim	5/10	5:38	6:37	8:21	8:57
Emor	5/17	5:34	6:40	8:19	8:55
Behar	5/24	5:31	6:44	8:18	8:54
Bechukosai	5/31	5:29	6:47	8:17	8:53
Bamidbar	6/07	5:29	6:50	8:18	8:54
Naso	6/14	5:29	6:53	8:19	8:55
Behaalosecha	6/21	5:30	6:55	8:20	8:56
Shelach	6/28	5:32	6:56	8:22	8:58
Korach	7/05	5:34	6:56	8:23	8:59
Chukas	7/12	5:37	6:55	8:25	9:01
Balak	7/19	5:40	6:53	8:27	9:03
Pinchas	7/26	5:44	6:50	8:29	9:05
Matos- Masei	8/02	5:47	6:46	8:30	9:06
Devorim	8/09	5:51	6:41	8:32	9:08
Vaeschanan	8/16	5:54	6:36	8:33	9:09
Eikev	8/23	5:57	6:29	8:34	9:10
R'ei	8/30	6:00	6:22	8:34	9:10
Shoftim	9/06	6:03	6:15	8:35	9:11
Ki Seze	9/13	6:06	6:07	8:35	9:11
Ki Savo	9/20	6:08	6:00	8:35	9:11
Nitzavim	9/27	6:11	5:52	8:35	9:11
Erev Rosh Hashana	9/29	6:12	5:50	8:35	9:11

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MILWAUKEE

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:25	5:52	8:00	8:36
Vayeilech	9/14	5:31	5:43	8:03	8:39
Erev Yom Kippur	9/18	5:35	5:36	8:04	8:40
Haazinu	9/21	5:38	5:31	8:05	8:41
Erev Succos	9/23	5:40	5:27	8:05	8:41
Erev Shab. Chol Hamoed	9/28	5:46	5:18	8:08	8:44
Hoshana Rabbah	9/30	5:48	5:14	8:08	8:44
Breishis	10/05	5:54	5:06	8:11	8:47
Noach	10/12	6:02	4:54	8:14	8:50
Lech Lecha	10/19	6:10	4:42	8:17	8:53
Vayeira	10/26	6:19	4:32	8:21	8:57
Chayei Sara	11/02	6:28	4:22	8:25	9:01
Toldos	11/09	6:37	4:14	8:30	9:06
Vayeitzei	11/16	6:46	4:07	8:35	9:11
Vayishlach	11/23	6:55	4:02	8:40	9:16
Vayeishev	11/30	7:03	3:58	8:45	9:21
Mikeitz, Chanukah	12/07	7:10	3:57	8:50	9:26
Vayigash	12/14	7:16	3:57	8:55	9:31
Vayechi	12/21	7:20	4:00	8:59	9:35
Shemos	12/28	7:23	4:04	9:02	9:38
Vaeira	2019 1/04	7:23	4:11	9:04	9:40
Bo	1/11	7:22	4:18	9:05	9:41
Beshalach	1/18	7:19	4:26	9:04	9:40
Yisro	1/25	7:14	4:35	9:03	9:39
Mishpatim	2/01	7:07	4:45	9:00	9:36
Terumah	2/08	6:59	4:54	8:56	9:32
Tetzavah	2/15	6:49	5:03	8:51	9:27
Ki-Sisah	2/22	6:39	5:12	8:46	9:22
Vayakhel	3/01	6:27	5:21	8:39	9:15
Pekudei	3/08	6:16	5:30	8:33	9:09
Vayikra	3/15	6:04	5:38	8:26	9:02

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MILWAUKEE

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:51	5:47	8:19	8:55
Shemini	3/29	5:39	5:55	8:12	8:48
Tazriya	4/05	5:27	6:03	8:05	8:41
Metzora	4/12	5:15	6:11	7:58	8:34
Erev Pesach, Erev Shab.	4/19	5:03	6:19	7:51	8:27
Latest Time To Eat Chometz		(M.A.)	9:11	(G'ra)	9:35
Erev 7th of Pesach	4/25	4:54	6:26	7:46	8:22
Erev 8th of Pesach Erev Shabbos	4/26	4:52	6:27	7:44	8:20
Acharei	5/03	4:43	6:35	7:40	8:16
Kedoshim	5/10	4:34	6:43	7:35	8:11
Emor	5/17	4:26	6:51	7:31	8:07
Behar	5/24	4:20	6:58	7:28	8:04
Bechukosai	5/31	4:16	7:04	7:27	8:03
Bamidbar	6/07	4:13	7:09	7:26	8:02
Naso	6/14	4:12	7:13	7:26	8:02
Behaalosecha	6/21	4:13	7:15	7:27	8:03
Shelach	6/28	4:15	7:15	7:29	8:05
Korach	7/05	4:19	7:14	7:31	8:07
Chukas	7/12	4:24	7:11	7:34	8:10
Balak	7/19	4:30	7:06	7:38	8:14
Pinchas	7/26	4:37	6:59	7:41	8:17
Matos- Masei	8/02	4:44	6:52	7:45	8:21
Devorim	8/09	4:51	6:42	7:47	8:23
Vaeschanan	8/16	4:59	6:32	7:51	8:27
Eikev	8/23	5:07	6:21	7:54	8:30
R'ei	8/30	5:14	6:10	7:57	8:33
Shoftim	9/06	5:22	5:57	7:59	8:35
Ki Seze	9/13	5:29	5:45	8:02	8:38
Ki Savo	9/20	5:37	5:32	8:04	8:40
Nitzavim	9/27	5:45	5:20	8:07	8:43
Erev Rosh Hashana	9/29	5:47	5:16	8:08	8:44

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MONSEY

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:31	5:55	8:06	8:42
Vayeilech	9/14	5:36	5:47	8:07	8:43
Erev Yom Kippur	9/18	5:40	5:40	8:09	8:45
Haazinu	9/21	5:43	5:35	8:10	8:46
Erev Succos	9/23	5:45	5:31	8:10	8:46
Erev Shab. Chol Hamoed	9/28	5:50	5:23	8:12	8:48
Hoshana Rabbah	9/30	5:52	5:20	8:13	8:49
Breishis	10/05	5:57	5:11	8:14	8:50
Noach	10/12	6:05	5:00	8:17	8:53
Lech Lecha	10/19	6:12	4:49	8:20	8:56
Vayeira	10/26	6:20	4:39	8:23	8:59
Chayei Sara	11/02	6:29	4:30	8:28	9:04
Toldos	11/09	6:37	4:23	8:32	9:08
Vayeitzei	11/16	6:45	4:16	8:36	9:12
Vayishlach	11/23	6:54	4:12	8:42	9:18
Vayeishev	11/30	7:01	4:09	8:47	9:23
Mikeitz, Chanukah	12/07	7:08	4:07	8:51	9:27
Vayigash	12/14	7:14	4:08	8:56	9:32
Vayechi	12/21	7:18	4:11	9:00	9:36
Shemos	12/28	7:21	4:15	9:03	9:39
Vaeira	2019 1/04	7:22	4:21	9:05	9:41
Bo	1/11	7:21	4:28	9:06	9:42
Beshalach	1/18	7:18	4:36	9:06	9:42
Yisro	1/25	7:13	4:45	9:05	9:41
Mishpatim	2/01	7:07	4:53	9:02	9:38
Terumah	2/08	6:59	5:02	8:58	9:34
Tetzavah	2/15	6:51	5:11	8:55	9:31
Ki-Sisah	2/22	6:41	5:19	8:49	9:25
Vayakhel	3/01	6:30	5:27	8:43	9:19
Pekudei	3/08	6:19	5:35	8:37	9:13
Vayikra	3/15	6:08	5:43	8:30	9:06

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MONSEY

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:56	5:51	8:23	8:59
Shemini	3/29	5:44	5:58	8:16	8:52
Tazriya	4/05	5:33	6:06	8:10	8:46
Metzora	4/12	5:21	6:13	8:03	8:39
Erev Pesach, Erev Shab.	4/19	5:11	6:21	7:57	8:33
Latest Time To Eat Chometz		(M.A.)	9:17	(G'ra)	9:41
Erev 7th of Pesach	4/25	5:02	6:27	7:52	8:28
Erev 8th of Pesach Erev Shabbos	4/26	5:01	6:28	7:51	8:27
Acharei	5/03	4:51	6:36	7:46	8:22
Kedoshim	5/10	4:43	6:43	7:42	8:18
Emor	5/17	4:36	6:50	7:38	8:14
Behar	5/24	4:31	6:56	7:36	8:12
Bechukosai	5/31	4:26	7:02	7:34	8:10
Bamidbar	6/07	4:24	7:07	7:33	8:09
Naso	6/14	4:23	7:10	7:33	8:09
Behaalosecha	6/21	4:24	7:12	7:35	8:11
Shelach	6/28	4:26	7:13	7:36	8:12
Korach	7/05	4:30	7:12	7:39	8:15
Chukas	7/12	4:35	7:09	7:42	8:18
Balak	7/19	4:40	7:05	7:45	8:21
Pinchas	7/26	4:46	6:59	7:48	8:24
Matos- Masei	8/02	4:53	6:51	7:51	8:27
Devorim	8/09	5:00	6:43	7:54	8:30
Vaeschanan	8/16	5:07	6:33	7:57	8:33
Eikev	8/23	5:14	6:23	8:00	8:36
R'ei	8/30	5:21	6:12	8:02	8:38
Shoftim	9/06	5:28	6:00	8:05	8:41
Ki Seze	9/13	5:35	5:49	8:07	8:43
Ki Savo	9/20	5:42	5:37	8:09	8:45
Nitzavim	9/27	5:49	5:25	8:12	8:48
Erev Rosh Hashana	9/29	5:51	5:21	8:12	8:48

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MONTREAL

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:25	5:59	8:02	8:38
Vayeilech	9/14	5:31	5:49	8:04	8:40
Erev Yom Kippur	9/18	5:36	5:41	8:06	8:42
Haazinu	9/21	5:40	5:36	8:08	8:44
Erev Succos	9/23	5:42	5:32	8:08	8:44
Erev Shab. Chol Hamoed	9/28	5:48	5:22	8:10	8:46
Hoshana Rabbah	9/30	5:51	5:18	8:11	8:47
Breishis	10/05	5:58	5:09	8:14	8:50
Noach	10/12	6:06	4:55	8:17	8:53
Lech Lecha	10/19	6:16	4:44	8:22	8:58
Vayeira	10/26	6:25	4:32	8:25	9:01
Chayei Sara	11/02	6:35	4:21	8:30	9:06
Toldos	11/09	6:45	4:12	8:35	9:11
Vayeitzei	11/16	6:54	4:04	8:40	9:16
Vayishlach	11/23	7:04	3:58	8:46	9:22
Vayeishev	11/30	7:13	3:54	8:52	9:28
Mikeitz, Chanukah	12/07	7:21	3:52	8:57	9:33
Vayigash	12/14	7:27	3:52	9:02	9:38
Vayechi	12/21	7:31	3:53	9:05	9:41
Shemos	12/28	7:34	3:58	9:09	9:45
Vaeira	2019 1/04	7:35	4:05	9:11	9:47
Bo	1/11	7:33	4:12	9:11	9:47
Beshalach	1/18	7:30	4:21	9:11	9:47
Yisro	1/25	7:24	4:30	9:09	9:45
Mishpatim	2/01	7:17	4:41	9:07	9:43
Terumah	2/08	7:07	4:51	9:02	9:38
Tetzavah	2/15	6:57	5:01	8:57	9:33
Ki-Sisah	2/22	6:46	5:11	8:51	9:27
Vayakhel	3/01	6:34	5:21	8:44	9:20
Pekudei	3/08	6:22	5:30	8:38	9:14
Vayikra	3/15	6:08	5:40	8:30	9:06

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

MONTREAL

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:55	5:49	8:22	8:58
Shemini	3/29	5:42	5:58	8:15	8:51
Tazriya	4/05	5:28	6:07	8:06	8:42
Metzora	4/12	5:15	6:16	7:59	8:35
Erev Pesach, Erev Shab.	4/19	5:04	6:26	7:53	8:29
Latest Time To Eat Chometz		(M.A.)	9:14	(G'ra)	9:38
Erev 7th of Pesach	4/25	4:53	6:33	7:47	8:23
Erev 8th of Pesach Erev Shabbos	4/26	4:52	6:34	7:46	8:22
Acharei	5/03	4:41	6:44	7:40	8:16
Kedoshim	5/10	4:31	6:52	7:35	8:11
Emor	5/17	4:23	7:01	7:31	8:07
Behar	5/24	4:16	7:09	7:28	8:04
Bechukosai	5/31	4:10	7:15	7:25	8:01
Bamidbar	6/07	4:07	7:20	7:24	8:00
Naso	6/14	4:06	7:25	7:24	8:00
Behaalosecha	6/21	4:06	7:27	7:25	8:01
Shelach	6/28	4:08	7:28	7:27	8:03
Korach	7/05	4:12	7:27	7:29	8:05
Chukas	7/12	4:17	7:23	7:32	8:08
Balak	7/19	4:23	7:17	7:35	8:11
Pinchas	7/26	4:31	7:11	7:40	8:16
Matos- Masei	8/02	4:39	7:03	7:44	8:20
Devorim	8/09	4:48	6:53	7:48	8:24
Vaeschanan	8/16	4:56	6:41	7:51	8:27
Eikev	8/23	5:04	6:29	7:54	8:30
R'ei	8/30	5:13	6:17	7:58	8:34
Shoftim	9/06	5:21	6:04	8:00	8:36
Ki Seze	9/13	5:30	5:51	8:04	8:40
Ki Savo	9/20	5:38	5:38	8:07	8:43
Nitzavim	9/27	5:46	5:23	8:09	8:45
Erev Rosh Hashana	9/29	5:50	5:20	8:11	8:47

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ORLANDO

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:08	6:17	8:39	9:15
Vayeilech	9/14	6:10	6:11	8:39	9:15
Erev Yom Kippur	9/18	6:12	6:07	8:39	9:15
Haazinu	9/21	6:14	6:03	8:40	9:16
Erev Succos	9/23	6:15	6:01	8:40	9:16
Erev Shab. Chol Hamoed	9/28	6:17	5:55	8:40	9:16
Hoshana Rabbah	9/30	6:18	5:52	8:40	9:16
Breishis	10/05	6:21	5:47	8:41	9:17
Noach	10/12	6:25	5:39	8:42	9:18
Lech Lecha	10/19	6:29	5:32	8:43	9:19
Vayeira	10/26	6:33	5:25	8:45	9:21
Chayei Sara	11/02	6:38	5:20	8:47	9:23
Toldos	11/09	6:44	5:15	8:50	9:26
Vayeitzei	11/16	6:49	5:11	8:53	9:29
Vayishlach	11/23	6:55	5:09	8:57	9:33
Vayeishev	11/30	7:00	5:08	9:01	9:37
Mikeitz, Chanukah	12/07	7:05	5:09	9:05	9:41
Vayigash	12/14	7:10	5:11	9:09	9:45
Vayechi	12/21	7:14	5:14	9:13	9:49
Shemos	12/28	7:17	5:18	9:16	9:52
Vaeira	2019 1/04	7:19	5:23	9:19	9:55
Bo	1/11	7:19	5:28	9:20	9:56
Beshalach	1/18	7:19	5:34	9:21	9:57
Yisro	1/25	7:17	5:40	9:21	9:57
Mishpatim	2/01	7:13	5:45	9:20	9:56
Terumah	2/08	7:09	5:51	9:18	9:54
Tetzavah	2/15	7:04	5:56	9:16	9:52
Ki-Sisah	2/22	6:57	6:01	9:12	9:48
Vayakhel	3/01	6:50	6:06	9:08	9:44
Pekudei	3/08	6:43	6:10	9:03	9:39
Vayikra	3/15	6:35	6:14	8:58	9:34

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ORLANDO

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:27	6:18	8:53	9:29
Shemini	3/29	6:19	6:22	8:48	9:24
Tazriya	4/05	6:11	6:26	8:43	9:19
Metzora	4/12	6:03	6:30	8:38	9:14
Erev Pesach, Erev Shab.	4/19	5:56	6:34	8:34	9:10
Latest Time To Eat Chometz		(M.A.)	9:51	(G'ra)	10:15
Erev 7th of Pesach	4/25	5:50	6:37	8:30	9:06
Erev 8th of Pesach Erev Shabbos	4/26	5:49	6:38	8:30	9:06
Acharei	5/03	5:43	6:42	8:26	9:02
Kedoshim	5/10	5:38	6:46	8:24	9:00
Emor	5/17	5:34	6:50	8:22	8:58
Behar	5/24	5:30	6:55	8:20	8:56
Bechukosai	5/31	5:28	6:58	8:19	8:55
Bamidbar	6/07	5:27	7:02	8:19	8:55
Naso	6/14	5:27	7:04	8:20	8:56
Behaalosecha	6/21	5:29	7:06	8:22	8:58
Shelach	6/28	5:30	7:07	8:23	8:59
Korach	7/05	5:33	7:07	8:25	9:01
Chukas	7/12	5:36	7:06	8:27	9:03
Balak	7/19	5:40	7:03	8:29	9:05
Pinchas	7/26	5:44	7:00	8:32	9:08
Matos- Masei	8/02	5:48	6:55	8:33	9:09
Devorim	8/09	5:52	6:50	8:35	9:11
Vaeschanan	8/16	5:56	6:43	8:36	9:12
Eikev	8/23	5:59	6:36	8:37	9:13
R'ei	8/30	6:03	6:29	8:38	9:14
Shoftim	9/06	6:06	6:21	8:38	9:14
Ki Seze	9/13	6:10	6:13	8:39	9:15
Ki Savo	9/20	6:13	6:04	8:39	9:15
Nitzavim	9/27	6:17	5:56	8:40	9:16
Erev Rosh Hashana	9/29	6:18	5:53	8:40	9:16

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

OTTAWA

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:35	6:04	8:11	8:47
Vayeilech	9/14	5:41	5:55	8:13	8:49
Erev Yom Kippur	9/18	5:46	5:47	8:15	8:51
Haazinu	9/21	5:49	5:41	8:16	8:52
Erev Succos	9/23	5:52	5:37	8:17	8:53
Erev Shab. Chol Hamoed	9/28	5:58	5:28	8:19	8:55
Hoshana Rabbah	9/30	6:00	5:24	8:20	8:56
Breishis	10/05	6:07	5:15	8:23	8:59
Noach	10/12	6:16	5:02	8:26	9:02
Lech Lecha	10/19	6:25	4:50	8:30	9:06
Vayeira	10/26	6:35	4:38	8:34	9:10
Chayei Sara	11/02	6:44	4:28	8:39	9:15
Toldos	11/09	6:54	4:19	8:44	9:20
Vayeitzei	11/16	7:04	4:11	8:49	9:25
Vayishlach	11/23	7:13	4:05	8:55	9:31
Vayeishev	11/30	7:22	4:01	9:00	9:36
Mikeitz, Chanukah	12/07	7:29	4:00	9:05	9:41
Vayigash	12/14	7:35	4:00	9:10	9:46
Vayechi	12/21	7:40	4:03	9:14	9:50
Shemos	12/28	7:42	4:07	9:17	9:53
Vaeira	2019 1/04	7:43	4:13	9:19	9:55
Bo	1/11	7:41	4:21	9:20	9:56
Beshalach	1/18	7:37	4:29	9:19	9:55
Yisro	1/25	7:32	4:39	9:17	9:53
Mishpatim	2/01	7:24	4:49	9:14	9:50
Terumah	2/08	7:15	4:59	9:10	9:46
Tetzavah	2/15	7:05	5:09	9:05	9:41
Ki-Sisah	2/22	6:54	5:19	8:59	9:35
Vayakhel	3/01	6:40	5:31	8:51	9:27
Pekudei	3/08	6:27	5:40	8:44	9:20
Vayikra	3/15	6:14	5:49	8:36	9:12

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

OTTAWA

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:01	5:59	8:29	9:05
Shemini	3/29	5:48	6:08	8:22	8:58
Tazriya	4/05	5:35	6:17	8:14	8:50
Metzora	4/12	5:22	6:26	8:07	8:43
Erev Pesach, Erev Shab.	4/19	5:10	6:35	8:00	8:36
Latest Time To Eat Chometz		(M.A.)	9:21	(G'ra)	9:45
Erev 7th of Pesach	4/25	5:00	6:42	7:54	8:30
Erev 8th of Pesach Erev Shabbos	4/26	4:58	6:44	7:53	8:29
Acharei	5/03	4:48	6:53	7:48	8:24
Kedoshim	5/10	4:38	7:01	7:42	8:18
Emor	5/17	4:30	7:09	7:38	8:14
Behar	5/24	4:23	7:17	7:35	8:11
Bechukosai	5/31	4:18	7:24	7:33	8:09
Bamidbar	6/07	4:15	7:29	7:32	8:08
Naso	6/14	4:14	7:33	7:32	8:08
Behaalosecha	6/21	4:15	7:35	7:34	8:10
Shelach	6/28	4:17	7:35	7:35	8:11
Korach	7/05	4:21	7:33	7:38	8:14
Chukas	7/12	4:27	7:30	7:41	8:17
Balak	7/19	4:33	7:24	7:44	8:20
Pinchas	7/26	4:41	7:17	7:49	8:25
Matos- Masei	8/02	4:49	7:09	7:53	8:29
Devorim	8/09	4:57	6:59	7:56	8:32
Vaeschanan	8/16	5:05	6:48	7:59	8:35
Eikev	8/23	5:14	6:36	8:03	8:39
R'ei	8/30	5:22	6:23	8:06	8:42
Shoftim	9/06	5:31	6:10	8:09	8:45
Ki Seze	9/13	5:39	5:57	8:12	8:48
Ki Savo	9/20	5:48	5:43	8:15	8:51
Nitzavim	9/27	5:57	5:30	8:19	8:55
Erev Rosh Hashana	9/29	5:59	5:26	8:19	8:55

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PASSAIC

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:31	5:55	8:06	8:42
Vayeilech	9/14	5:36	5:47	8:07	8:43
Erev Yom Kippur	9/18	5:40	5:40	8:09	8:45
Haazinu	9/21	5:43	5:35	8:10	8:46
Erev Succos	9/23	5:45	5:32	8:10	8:46
Erev Shab. Chol Hamoed	9/28	5:50	5:23	8:12	8:48
Hoshana Rabbah	9/30	5:52	5:20	8:13	8:49
Breishis	10/05	5:57	5:12	8:14	8:50
Noach	10/12	6:05	5:00	8:17	8:53
Lech Lecha	10/19	6:12	4:50	8:20	8:56
Vayeira	10/26	6:20	4:40	8:24	9:00
Chayei Sara	11/02	6:29	4:31	8:28	9:04
Toldos	11/09	6:37	4:24	8:32	9:08
Vayeitzei	11/16	6:45	4:17	8:37	9:13
Vayishlach	11/23	6:53	4:13	8:42	9:18
Vayeishev	11/30	7:01	4:10	8:47	9:23
Mikeitz, Chanukah	12/07	7:08	4:09	8:52	9:28
Vayigash	12/14	7:13	4:09	8:56	9:32
Vayechi	12/21	7:18	4:12	9:00	9:36
Shemos	12/28	7:20	4:16	9:03	9:39
Vaeira	2019 1/04	7:21	4:22	9:05	9:41
Bo	1/11	7:20	4:29	9:06	9:42
Beshalach	1/18	7:17	4:37	9:06	9:42
Yisro	1/25	7:13	4:46	9:05	9:41
Mishpatim	2/01	7:07	4:54	9:02	9:38
Terumah	2/08	6:59	5:03	8:59	9:35
Tetzavah	2/15	6:50	5:11	8:54	9:30
Ki-Sisah	2/22	6:41	5:20	8:49	9:25
Vayakhel	3/01	6:30	5:28	8:43	9:19
Pekudei	3/08	6:19	5:36	8:37	9:13
Vayikra	3/15	6:08	5:43	8:30	9:06

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PASSAIC

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:56	5:51	8:23	8:59
Shemini	3/29	5:45	5:58	8:17	8:53
Tazriya	4/05	5:33	6:06	8:10	8:46
Metzora	4/12	5:22	6:13	8:03	8:39
Erev Pesach, Erev Shab.	4/19	5:11	6:21	7:57	8:33
Latest Time To Eat Chometz		(M.A.)	9:17	(G'ra)	9:41
Erev 7th of Pesach	4/25	5:03	6:27	7:53	8:29
Erev 8th of Pesach Erev Shabbos	4/26	5:01	6:28	7:51	8:27
Acharei	5/03	4:52	6:35	7:46	8:22
Kedoshim	5/10	4:44	6:42	7:42	8:18
Emor	5/17	4:37	6:49	7:39	8:15
Behar	5/24	4:32	6:56	7:37	8:13
Bechukosai	5/31	4:27	7:01	7:34	8:10
Bamidbar	6/07	4:25	7:06	7:34	8:10
Naso	6/14	4:24	7:10	7:34	8:10
Behaalosecha	6/21	4:25	7:12	7:35	8:11
Shelach	6/28	4:27	7:12	7:37	8:13
Korach	7/05	4:31	7:11	7:40	8:16
Chukas	7/12	4:36	7:08	7:43	8:19
Balak	7/19	4:41	7:04	7:45	8:21
Pinchas	7/26	4:47	6:58	7:48	8:24
Matos- Masei	8/02	4:54	6:51	7:52	8:28
Devorim	8/09	5:01	6:43	7:55	8:31
Vaeschanan	8/16	5:08	6:33	7:58	8:34
Eikev	8/23	5:15	6:23	8:01	8:37
R'ei	8/30	5:22	6:12	8:03	8:39
Shoftim	9/06	5:28	6:00	8:05	8:41
Ki Seze	9/13	5:35	5:49	8:07	8:43
Ki Savo	9/20	5:42	5:37	8:09	8:45
Nitzavim	9/27	5:49	5:25	8:12	8:48
Erev Rosh Hashana	9/29	5:51	5:22	8:12	8:48

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PHILADELPHIA

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:36	6:00	8:11	8:47
Vayeilech	9/14	5:41	5:52	8:12	8:48
Erev Yom Kippur	9/18	5:44	5:45	8:13	8:49
Haazinu	9/21	5:47	5:40	8:14	8:50
Erev Succos	9/23	5:49	5:37	8:15	8:51
Erev Shab. Chol Hamoed	9/28	5:54	5:29	8:16	8:52
Hoshana Rabbah	9/30	5:56	5:26	8:17	8:53
Breishis	10/05	6:01	5:18	8:19	8:55
Noach	10/12	6:08	5:07	8:21	8:57
Lech Lecha	10/19	6:15	4:56	8:24	9:00
Vayeira	10/26	6:23	4:47	8:28	9:04
Chayei Sara	11/02	6:31	4:38	8:31	9:07
Toldos	11/09	6:39	4:31	8:36	9:12
Vayeitzei	11/16	6:47	4:24	8:40	9:16
Vayishlach	11/23	6:55	4:20	8:45	9:21
Vayeishev	11/30	7:02	4:17	8:49	9:25
Mikeitz, Chanukah	12/07	7:09	4:16	8:54	9:30
Vayigash	12/14	7:14	4:17	8:58	9:34
Vayechi	12/21	7:19	4:19	9:03	9:39
Shemos	12/28	7:22	4:23	9:06	9:42
Vaeira	2019 1/04	7:23	4:29	9:08	9:44
Bo	1/11	7:22	4:36	9:09	9:45
Beshalach	1/18	7:20	4:44	9:10	9:46
Yisro	1/25	7:15	4:52	9:08	9:44
Mishpatim	2/01	7:10	5:00	9:06	9:42
Terumah	2/08	7:03	5:08	9:03	9:39
Tetzavah	2/15	6:54	5:17	8:58	9:34
Ki-Sisah	2/22	6:45	5:25	8:54	9:30
Vayakhel	3/01	6:35	5:33	8:48	9:24
Pekudei	3/08	6:24	5:40	8:42	9:18
Vayikra	3/15	6:13	5:48	8:35	9:11

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PHILADELPHIA

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:02	5:55	8:29	9:05
Shemini	3/29	5:51	6:02	8:22	8:58
Tazriya	4/05	5:39	6:09	8:15	8:51
Metzora	4/12	5:28	6:16	8:09	8:45
Erev Pesach, Erev Shab.	4/19	5:18	6:23	8:03	8:39
Latest Time To Eat Chometz		(M.A.)	9:22	(G'ra)	9:46
Erev 7th of Pesach	4/25	5:10	6:29	7:58	8:34
Erev 8th of Pesach Erev Shabbos	4/26	5:08	6:30	7:57	8:33
Acharei	5/03	4:59	6:37	7:52	8:28
Kedoshim	5/10	4:51	6:44	7:48	8:24
Emor	5/17	4:45	6:51	7:45	8:21
Behar	5/24	4:39	6:57	7:42	8:18
Bechukosai	5/31	4:35	7:02	7:40	8:16
Bamidbar	6/07	4:33	7:07	7:40	8:16
Naso	6/14	4:32	7:11	7:40	8:16
Behaalosecha	6/21	4:32	7:13	7:41	8:17
Shelach	6/28	4:35	7:13	7:43	8:19
Korach	7/05	4:38	7:13	7:45	8:21
Chukas	7/12	4:42	7:10	7:48	8:24
Balak	7/19	4:48	7:06	7:51	8:27
Pinchas	7/26	4:54	7:01	7:54	8:30
Matos- Masei	8/02	5:00	6:54	7:57	8:33
Devorim	8/09	5:07	6:46	8:00	8:36
Vaeschanan	8/16	5:13	6:37	8:03	8:39
Eikev	8/23	5:20	6:27	8:05	8:41
R'ei	8/30	5:27	6:16	8:08	8:44
Shoftim	9/06	5:33	6:05	8:10	8:46
Ki Seze	9/13	5:40	5:54	8:12	8:48
Ki Savo	9/20	5:46	5:42	8:14	8:50
Nitzavim	9/27	5:53	5:30	8:16	8:52
Erev Rosh Hashana	9/29	5:55	5:27	8:17	8:53

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PHOENIX

Mountain Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	6:08	6:23	8:40	9:16
Vayeilech	9/14	6:11	6:16	8:41	9:17
Erev Yom Kippur	9/18	6:14	6:10	8:42	9:18
Haazinu	9/21	6:16	6:06	8:42	9:18
Erev Succos	9/23	6:17	6:03	8:42	9:18
Erev Shab. Chol Hamoed	9/28	6:21	5:56	8:43	9:19
Hoshana Rabbah	9/30	6:22	5:54	8:44	9:20
Breishis	10/05	6:26	5:47	8:45	9:21
Noach	10/12	6:31	5:38	8:46	9:22
Lech Lecha	10/19	6:36	5:30	8:48	9:24
Vayeira	10/26	6:42	5:22	8:51	9:27
Chayei Sara	11/02	6:48	5:15	8:53	9:29
Toldos	11/09	6:55	5:09	8:57	9:33
Vayeitzei	11/16	7:01	5:05	9:01	9:37
Vayishlach	11/23	7:08	5:02	9:05	9:41
Vayeishev	11/30	7:14	5:00	9:09	9:45
Mikeitz, Chanukah	12/07	7:20	5:00	9:14	9:50
Vayigash	12/14	7:25	5:02	9:18	9:54
Vayechi	12/21	7:29	5:05	9:22	9:58
Shemos	12/28	7:32	5:09	9:25	10:01
Vaeira	2019 1/04	7:33	5:14	9:27	10:03
Bo	1/11	7:33	5:20	9:28	10:04
Beshalach	1/18	7:32	5:27	9:29	10:05
Yisro	1/25	7:29	5:33	9:29	10:05
Mishpatim	2/01	7:24	5:40	9:27	10:03
Terumah	2/08	7:19	5:47	9:25	10:01
Tetzavah	2/15	7:12	5:53	9:21	9:57
Ki-Sisah	2/22	7:05	5:59	9:17	9:53
Vayakhel	3/01	6:56	6:05	9:12	9:48
Pekudei	3/08	6:48	6:11	9:07	9:43
Vayikra	3/15	6:38	6:16	9:01	9:37

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PHOENIX

Mountain Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:29	6:22	8:56	9:32
Shemini	3/29	6:20	6:27	8:50	9:26
Tazriya	4/05	6:10	6:32	8:44	9:20
Metzora	4/12	6:01	6:37	8:39	9:15
Erev Pesach, Erev Shab.	4/19	5:53	6:42	8:34	9:10
Latest Time To Eat Chometz		(M.A.)	9:52	(G'ra)	10:16
Erev 7th of Pesach	4/25	5:46	6:47	8:30	9:06
Erev 8th of Pesach Erev Shabbos	4/26	5:45	6:48	8:29	9:05
Acharei	5/03	5:38	6:53	8:25	9:01
Kedoshim	5/10	5:32	6:58	8:22	8:58
Emor	5/17	5:26	7:03	8:19	8:55
Behar	5/24	5:22	7:08	8:17	8:53
Bechukosai	5/31	5:20	7:13	8:17	8:53
Bamidbar	6/07	5:18	7:17	8:16	8:52
Naso	6/14	5:18	7:20	8:17	8:53
Behaalosecha	6/21	5:19	7:21	8:18	8:54
Shelach	6/28	5:21	7:22	8:20	8:56
Korach	7/05	5:24	7:22	8:22	8:58
Chukas	7/12	5:28	7:20	8:25	9:01
Balak	7/19	5:32	7:17	8:27	9:03
Pinchas	7/26	5:37	7:12	8:29	9:05
Matos- Masei	8/02	5:42	7:07	8:32	9:08
Devorim	8/09	5:47	7:00	8:34	9:10
Vaeschanan	8/16	5:52	6:53	8:36	9:12
Eikev	8/23	5:56	6:45	8:37	9:13
R'ei	8/30	6:01	6:36	8:38	9:14
Shoftim	9/06	6:06	6:27	8:40	9:16
Ki Seze	9/13	6:11	6:17	8:41	9:17
Ki Savo	9/20	6:15	6:07	8:42	9:18
Nitzavim	9/27	6:20	5:58	8:43	9:19
Erev Rosh Hashana	9/29	6:21	5:55	8:43	9:19

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PITTSBURGH

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:55	6:19	8:30	9:06
Vayeilech	9/14	5:59	6:11	8:31	9:07
Erev Yom Kippur	9/18	6:03	6:04	8:32	9:08
Haazinu	9/21	6:06	5:59	8:33	9:09
Erev Succos	9/23	6:08	5:56	8:34	9:10
Erev Shab. Chol Hamoed	9/28	6:13	5:48	8:35	9:11
Hoshana Rabbah	9/30	6:15	5:44	8:36	9:12
Breishis	10/05	6:20	5:36	8:38	9:14
Noach	10/12	6:27	5:25	8:40	9:16
Lech Lecha	10/19	6:35	5:15	8:44	9:20
Vayeira	10/26	6:43	5:05	8:47	9:23
Chayei Sara	11/02	6:51	4:56	8:51	9:27
Toldos	11/09	6:59	4:48	8:55	9:31
Vayeitzei	11/16	7:07	4:42	8:59	9:35
Vayishlach	11/23	7:15	4:37	9:04	9:40
Vayeishev	11/30	7:23	4:34	9:09	9:45
Mikeitz, Chanukah	12/07	7:29	4:33	9:14	9:50
Vayigash	12/14	7:35	4:34	9:18	9:54
Vayechi	12/21	7:40	4:37	9:23	9:59
Shemos	12/28	7:43	4:41	9:26	10:02
Vaeira	2019 1/04	7:44	4:47	9:28	10:04
Bo	1/11	7:43	4:54	9:29	10:05
Beshalach	1/18	7:40	5:01	9:29	10:05
Yisro	1/25	7:36	5:09	9:28	10:04
Mishpatim	2/01	7:30	5:18	9:26	10:02
Terumah	2/08	7:22	5:27	9:22	9:58
Tetzavah	2/15	7:14	5:35	9:18	9:54
Ki-Sisah	2/22	7:05	5:43	9:13	9:49
Vayakhel	3/01	6:54	5:51	9:07	9:43
Pekudei	3/08	6:43	5:59	9:01	9:37
Vayikra	3/15	6:32	6:07	8:54	9:30

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PITTSBURGH

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:21	6:14	8:48	9:24
Shemini	3/29	6:09	6:21	8:41	9:17
Tazriya	4/05	5:58	6:28	8:34	9:10
Metzora	4/12	5:47	6:36	8:28	9:04
Erev Pesach, Erev Shab.	4/19	5:36	6:43	8:21	8:57
Latest Time To Eat Chometz		(M.A.)	9:41	(G'ra)	10:05
Erev 7th of Pesach	4/25	5:28	6:49	8:17	8:53
Erev 8th of Pesach Erev Shabbos	4/26	5:26	6:50	8:16	8:52
Acharei	5/03	5:17	6:57	8:11	8:47
Kedoshim	5/10	5:09	7:04	8:06	8:42
Emor	5/17	5:02	7:11	8:03	8:39
Behar	5/24	4:56	7:17	8:00	8:36
Bechukosai	5/31	4:52	7:23	7:58	8:34
Bamidbar	6/07	4:50	7:28	7:58	8:34
Naso	6/14	4:49	7:31	7:58	8:34
Behaalosecha	6/21	4:50	7:34	8:00	8:36
Shelach	6/28	4:52	7:34	8:01	8:37
Korach	7/05	4:55	7:33	8:03	8:39
Chukas	7/12	5:00	7:31	8:06	8:42
Balak	7/19	5:05	7:27	8:09	8:45
Pinchas	7/26	5:11	7:21	8:12	8:48
Matos- Masei	8/02	5:18	7:14	8:16	8:52
Devorim	8/09	5:25	7:06	8:19	8:55
Vaeschanan	8/16	5:31	6:56	8:21	8:57
Eikev	8/23	5:38	6:46	8:24	9:00
R'ei	8/30	5:45	6:36	8:26	9:02
Shoftim	9/06	5:52	6:24	8:29	9:05
Ki Seze	9/13	5:58	6:13	8:30	9:06
Ki Savo	9/20	6:05	6:01	8:33	9:09
Nitzavim	9/27	6:12	5:49	8:35	9:11
Erev Rosh Hashana	9/29	6:14	5:46	8:36	9:12

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PROVIDENCE

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:20	5:45	7:55	8:31
Vayeilech	9/14	5:25	5:37	7:57	8:33
Erev Yom Kippur	9/18	5:29	5:30	7:58	8:34
Haazinu	9/21	5:32	5:24	7:59	8:35
Erev Succos	9/23	5:34	5:21	7:59	8:35
Erev Shab. Chol Hamoed	9/28	5:40	5:12	8:02	8:38
Hoshana Rabbah	9/30	5:42	5:09	8:02	8:38
Breishis	10/05	5:47	5:00	8:04	8:40
Noach	10/12	5:55	4:49	8:07	8:43
Lech Lecha	10/19	6:03	4:38	8:10	8:46
Vayeira	10/26	6:11	4:28	8:14	8:50
Chayei Sara	11/02	6:19	4:19	8:18	8:54
Toldos	11/09	6:28	4:11	8:22	8:58
Vayeitzei	11/16	6:37	4:04	8:27	9:03
Vayishlach	11/23	6:45	3:59	8:32	9:08
Vayeishev	11/30	6:53	3:56	8:37	9:13
Mikeitz, Chanukah	12/07	7:00	3:55	8:42	9:18
Vayigash	12/14	7:06	3:55	8:47	9:23
Vayechi	12/21	7:10	3:58	8:51	9:27
Shemos	12/28	7:13	4:02	8:54	9:30
Vaeira	2019 1/04	7:13	4:09	8:56	9:32
Bo	1/11	7:12	4:16	8:57	9:33
Beshalach	1/18	7:09	4:24	8:56	9:32
Yisro	1/25	7:04	4:32	8:55	9:31
Mishpatim	2/01	6:58	4:41	8:52	9:28
Terumah	2/08	6:50	4:50	8:49	9:25
Tetzavah	2/15	6:41	4:59	8:44	9:20
Ki-Sisah	2/22	6:31	5:08	8:39	9:15
Vayakhel	3/01	6:20	5:16	8:33	9:09
Pekudei	3/08	6:09	5:24	8:26	9:02
Vayikra	3/15	5:57	5:33	8:20	8:56

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

PROVIDENCE

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:45	5:40	8:12	8:48
Shemini	3/29	5:33	5:48	8:05	8:41
Tazriya	4/05	5:22	5:56	7:59	8:35
Metzora	4/12	5:10	6:03	7:52	8:28
Erev Pesach, Erev Shab.	4/19	4:59	6:11	7:46	8:22
Latest Time To Eat Chometz		(M.A.)	9:05	(G'ra)	9:29
Erev 7th of Pesach	4/25	4:50	6:18	7:41	8:17
Erev 8th of Pesach Erev Shabbos	4/26	4:49	6:19	7:40	8:16
Acharei	5/03	4:39	6:27	7:35	8:11
Kedoshim	5/10	4:31	6:34	7:30	8:06
Emor	5/17	4:24	6:41	7:27	8:03
Behar	5/24	4:18	6:48	7:24	8:00
Bechukosai	5/31	4:14	6:54	7:23	7:59
Bamidbar	6/07	4:11	6:58	7:21	7:57
Naso	6/14	4:10	7:02	7:22	7:58
Behaalosecha	6/21	4:11	7:04	7:23	7:59
Shelach	6/28	4:13	7:05	7:25	8:01
Korach	7/05	4:17	7:04	7:27	8:03
Chukas	7/12	4:22	7:01	7:30	8:06
Balak	7/19	4:27	6:56	7:33	8:09
Pinchas	7/26	4:34	6:50	7:37	8:13
Matos- Masei	8/02	4:41	6:42	7:40	8:16
Devorim	8/09	4:48	6:34	7:43	8:19
Vaeschanan	8/16	4:55	6:24	7:46	8:22
Eikev	8/23	5:02	6:13	7:48	8:24
R'ei	8/30	5:10	6:02	7:52	8:28
Shoftim	9/06	5:17	5:50	7:54	8:30
Ki Seze	9/13	5:24	5:38	7:56	8:32
Ki Savo	9/20	5:31	5:26	7:58	8:34
Nitzavim	9/27	5:39	5:14	8:01	8:37
Erev Rosh Hashana	9/29	5:41	5:11	8:02	8:38

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

RICHMOND

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:47	6:07	8:21	8:57
Vayeilech	9/14	5:51	5:59	8:22	8:58
Erev Yom Kippur	9/18	5:54	5:53	8:22	8:58
Haazinu	9/21	5:57	5:48	8:23	8:59
Erev Succos	9/23	5:59	5:45	8:24	9:00
Erev Shab. Chol Hamoed	9/28	6:03	5:37	8:25	9:01
Hoshana Rabbah	9/30	6:05	5:34	8:26	9:02
Breishis	10/05	6:09	5:27	8:27	9:03
Noach	10/12	6:15	5:17	8:29	9:05
Lech Lecha	10/19	6:22	5:07	8:32	9:08
Vayeira	10/26	6:29	4:58	8:35	9:11
Chayei Sara	11/02	6:36	4:50	8:38	9:14
Toldos	11/09	6:43	4:44	8:42	9:18
Vayeitzei	11/16	6:51	4:38	8:46	9:22
Vayishlach	11/23	6:58	4:34	8:51	9:27
Vayeishev	11/30	7:05	4:32	8:55	9:31
Mikeitz, Chanukah	12/07	7:11	4:31	9:00	9:36
Vayigash	12/14	7:17	4:32	9:04	9:40
Vayechi	12/21	7:21	4:35	9:08	9:44
Shemos	12/28	7:24	4:39	9:11	9:47
Vaeira	2019 1/04	7:25	4:45	9:14	9:50
Bo	1/11	7:24	4:52	9:15	9:51
Beshalach	1/18	7:22	4:59	9:15	9:51
Yisro	1/25	7:19	5:06	9:14	9:50
Mishpatim	2/01	7:13	5:14	9:12	9:48
Terumah	2/08	7:07	5:22	9:09	9:45
Tetzavah	2/15	6:59	5:29	9:05	9:41
Ki-Sisah	2/22	6:50	5:37	9:00	9:36
Vayakhel	3/01	6:41	5:44	8:55	9:31
Pekudei	3/08	6:31	5:51	8:50	9:26
Vayikra	3/15	6:21	5:57	8:44	9:20

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

RICHMOND

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:10	6:04	8:37	9:13
Shemini	3/29	6:00	6:10	8:31	9:07
Tazriya	4/05	5:49	6:16	8:24	9:00
Metzora	4/12	5:39	6:23	8:19	8:55
Erev Pesach, Erev Shab.	4/19	5:29	6:29	8:13	8:49
Latest Time To Eat Chometz		(M.A.)	9:31	(G'ra)	9:55
Erev 7th of Pesach	4/25	5:22	6:35	8:09	8:45
Erev 8th of Pesach Erev Shabbos	4/26	5:20	6:35	8:07	8:43
Acharei	5/03	5:12	6:42	8:03	8:39
Kedoshim	5/10	5:05	6:48	7:59	8:35
Emor	5/17	4:59	6:54	7:56	8:32
Behar	5/24	4:54	7:00	7:54	8:30
Bechukosai	5/31	4:51	7:05	7:53	8:29
Bamidbar	6/07	4:49	7:09	7:53	8:29
Naso	6/14	4:48	7:12	7:53	8:29
Behaalosecha	6/21	4:49	7:14	7:54	8:30
Shelach	6/28	4:51	7:15	7:56	8:32
Korach	7/05	4:54	7:14	7:58	8:34
Chukas	7/12	4:59	7:12	8:01	8:37
Balak	7/19	5:04	7:08	8:04	8:40
Pinchas	7/26	5:09	7:03	8:06	8:42
Matos- Masei	8/02	5:15	6:57	8:09	8:45
Devorim	8/09	5:21	6:49	8:12	8:48
Vaeschanan	8/16	5:27	6:41	8:14	8:50
Eikev	8/23	5:33	6:31	8:16	8:52
R'ei	8/30	5:39	6:22	8:18	8:54
Shoftim	9/06	5:44	6:11	8:19	8:55
Ki Seze	9/13	5:50	6:00	8:21	8:57
Ki Savo	9/20	5:56	5:50	8:23	8:59
Nitzavim	9/27	6:02	5:39	8:25	9:01
Erev Rosh Hashana	9/29	6:04	5:36	8:26	9:02

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ROCHESTER, NY

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:44	6:10	8:19	8:55
Vayeilech	9/14	5:49	6:01	8:21	8:57
Erev Yom Kippur	9/18	5:54	5:54	8:23	8:59
Haazinu	9/21	5:57	5:49	8:24	9:00
Erev Succos	9/23	5:59	5:45	8:24	9:00
Erev Shab. Chol Hamoed	9/28	6:05	5:36	8:26	9:02
Hoshana Rabbah	9/30	6:07	5:33	8:27	9:03
Breishis	10/05	6:13	5:24	8:29	9:05
Noach	10/12	6:21	5:12	8:32	9:08
Lech Lecha	10/19	6:30	5:00	8:36	9:12
Vayeira	10/26	6:38	4:50	8:40	9:16
Chayei Sara	11/02	6:47	4:40	8:44	9:20
Toldos	11/09	6:56	4:32	8:49	9:25
Vayeitzei	11/16	7:05	4:25	8:54	9:30
Vayishlach	11/23	7:14	4:20	8:59	9:35
Vayeishev	11/30	7:22	4:17	9:04	9:40
Mikeitz, Chanukah	12/07	7:29	4:15	9:09	9:45
Vayigash	12/14	7:35	4:16	9:14	9:50
Vayechi	12/21	7:39	4:18	9:17	9:53
Shemos	12/28	7:42	4:23	9:21	9:57
Vaeira	2019 1/04	7:42	4:28	9:22	9:58
Bo	1/11	7:41	4:36	9:23	9:59
Beshalach	1/18	7:38	4:44	9:23	9:59
Yisro	1/25	7:33	4:53	9:22	9:58
Mishpatim	2/01	7:26	5:02	9:19	9:55
Terumah	2/08	7:18	5:11	9:15	9:51
Tetzavah	2/15	7:09	5:21	9:11	9:47
Ki-Sisah	2/22	6:59	5:30	9:05	9:41
Vayakhel	3/01	6:46	5:40	8:58	9:34
Pekudei	3/08	6:34	5:49	8:51	9:27
Vayikra	3/15	6:22	5:57	8:44	9:20

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ROCHESTER, NY

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:09	6:06	8:37	9:13
Shemini	3/29	5:57	6:14	8:30	9:06
Tazriya	4/05	5:45	6:22	8:23	8:59
Metzora	4/12	5:33	6:30	8:16	8:52
Erev Pesach, Erev Shab.	4/19	5:21	6:38	8:09	8:45
Latest Time To Eat Chometz		(M.A.)	9:29	(G'ra)	9:53
Erev 7th of Pesach	4/25	5:12	6:45	8:04	8:40
Erev 8th of Pesach Erev Shabbos	4/26	5:10	6:47	8:03	8:39
Acharei	5/03	5:01	6:55	7:58	8:34
Kedoshim	5/10	4:52	7:02	7:53	8:29
Emor	5/17	4:44	7:10	7:49	8:25
Behar	5/24	4:38	7:17	7:46	8:22
Bechukosai	5/31	4:34	7:23	7:45	8:21
Bamidbar	6/07	4:31	7:28	7:44	8:20
Naso	6/14	4:30	7:32	7:44	8:20
Behaalosecha	6/21	4:31	7:34	7:45	8:21
Shelach	6/28	4:33	7:34	7:47	8:23
Korach	7/05	4:37	7:33	7:50	8:26
Chukas	7/12	4:42	7:30	7:53	8:29
Balak	7/19	4:48	7:25	7:56	8:32
Pinchas	7/26	4:55	7:18	7:59	8:35
Matos- Masei	8/02	5:02	7:10	8:03	8:39
Devorim	8/09	5:10	7:01	8:06	8:42
Vaeschanan	8/16	5:18	6:51	8:10	8:46
Eikev	8/23	5:25	6:40	8:12	8:48
R'ei	8/30	5:33	6:28	8:15	8:51
Shoftim	9/06	5:41	6:16	8:18	8:54
Ki Seze	9/13	5:48	6:03	8:20	8:56
Ki Savo	9/20	5:56	5:51	8:23	8:59
Nitzavim	9/27	6:04	5:38	8:26	9:02
Erev Rosh Hashana	9/29	6:06	5:34	8:27	9:03

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

SAN DIEGO

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Gr"a
Erev Rosh Hashana	9/9	5:29	5:42	8:01	8:37
Vayeilech	9/14	5:32	5:36	8:02	8:38
Erev Yom Kippur	9/18	5:34	5:30	8:02	8:38
Haazinu	9/21	5:36	5:26	8:02	8:38
Erev Succos	9/23	5:38	5:23	8:03	8:39
Erev Shab. Chol Hamoed	9/28	5:41	5:17	8:04	8:40
Hoshana Rabbah	9/30	5:42	5:14	8:04	8:40
Breishis	10/05	5:46	5:08	8:05	8:41
Noach	10/12	5:51	4:59	8:07	8:43
Lech Lecha	10/19	5:56	4:51	8:08	8:44
Vayeira	10/26	6:01	4:43	8:10	8:46
Chayei Sara	11/02	6:07	4:37	8:13	8:49
Toldos	11/09	6:14	4:31	8:17	8:53
Vayeitzei	11/16	6:20	4:27	8:20	8:56
Vayishlach	11/23	6:26	4:24	8:24	9:00
Vayeishev	11/30	6:32	4:22	8:28	9:04
Mikeitz, Chanukah	12/07	6:38	4:22	8:33	9:09
Vayigash	12/14	6:43	4:24	8:37	9:13
Vayechi	12/21	6:47	4:27	8:41	9:17
Shemos	12/28	6:50	4:31	8:44	9:20
Vaeira	2019 1/04	6:52	4:36	8:47	9:23
Bo	1/11	6:52	4:42	8:48	9:24
Beshalach	1/18	6:50	4:48	8:48	9:24
Yisro	1/25	6:47	4:55	8:48	9:24
Mishpatim	2/01	6:43	5:02	8:46	9:22
Terumah	2/08	6:38	5:08	8:44	9:20
Tetzavah	2/15	6:31	5:14	8:40	9:16
Ki-Sisah	2/22	6:24	5:20	8:37	9:13
Vayakhel	3/01	6:16	5:26	8:32	9:08
Pekudei	3/08	6:07	5:32	8:27	9:03
Vayikra	3/15	5:59	5:37	8:22	8:58

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

SAN DIEGO

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:49	5:42	8:16	8:52
Shemini	3/29	5:40	5:47	8:10	8:46
Tazriya	4/05	5:31	5:52	8:05	8:41
Metzora	4/12	5:22	5:57	7:59	8:35
Erev Pesach, Erev Shab.	4/19	5:14	6:02	7:55	8:31
Latest Time To Eat Chometz		(M.A.)	9:12	(G'ra)	9:36
Erev 7th of Pesach	4/25	5:07	6:06	7:50	8:26
Erev 8th of Pesach Erev Shabbos	4/26	5:06	6:07	7:50	8:26
Acharei	5/03	4:59	6:12	7:46	8:22
Kedoshim	5/10	4:53	6:17	7:43	8:19
Emor	5/17	4:48	6:22	7:40	8:16
Behar	5/24	4:44	6:27	7:38	8:14
Bechukosai	5/31	4:42	6:31	7:38	8:14
Bamidbar	6/07	4:40	6:35	7:37	8:13
Naso	6/14	4:40	6:38	7:38	8:14
Behaalosecha	6/21	4:41	6:40	7:39	8:15
Shelach	6/28	4:43	6:41	7:41	8:17
Korach	7/05	4:46	6:40	7:43	8:19
Chukas	7/12	4:50	6:38	7:46	8:22
Balak	7/19	4:54	6:35	7:48	8:24
Pinchas	7/26	4:59	6:31	7:51	8:27
Matos- Masei	8/02	5:03	6:26	7:52	8:28
Devorim	8/09	5:08	6:19	7:54	8:30
Vaeschanan	8/16	5:13	6:12	7:56	8:32
Eikev	8/23	5:18	6:04	7:58	8:34
R'ei	8/30	5:22	5:55	7:59	8:35
Shoftim	9/06	5:27	5:46	8:00	8:36
Ki Seze	9/13	5:31	5:37	8:01	8:37
Ki Savo	9/20	5:36	5:28	8:03	8:39
Nitzavim	9/27	5:40	5:18	8:03	8:39
Erev Rosh Hashana	9/29	5:42	5:15	8:04	8:40

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

SAN FRANCISCO

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:46	6:07	8:20	8:56
Vayeilech	9/14	5:50	5:59	8:21	8:57
Erev Yom Kippur	9/18	5:54	5:53	8:22	8:58
Haazinu	9/21	5:56	5:49	8:23	8:59
Erev Succos	9/23	5:58	5:45	8:23	8:59
Erev Shab. Chol Hamoed	9/28	6:02	5:38	8:25	9:01
Hoshana Rabbah	9/30	6:04	5:35	8:25	9:01
Breishis	10/05	6:09	5:27	8:27	9:03
Noach	10/12	6:15	5:17	8:29	9:05
Lech Lecha	10/19	6:22	5:07	8:32	9:08
Vayeira	10/26	6:29	4:58	8:35	9:11
Chayei Sara	11/02	6:36	4:50	8:38	9:14
Toldos	11/09	6:43	4:43	8:42	9:18
Vayeitzei	11/16	6:51	4:38	8:46	9:22
Vayishlach	11/23	6:58	4:34	8:51	9:27
Vayeishev	11/30	7:05	4:31	8:55	9:31
Mikeitz, Chanukah	12/07	7:12	4:31	9:00	9:36
Vayigash	12/14	7:17	4:32	9:04	9:40
Vayechi	12/21	7:21	4:34	9:08	9:44
Shemos	12/28	7:24	4:38	9:11	9:47
Vaeira	2019 1/04	7:26	4:44	9:14	9:50
Bo	1/11	7:25	4:50	9:15	9:51
Beshalach	1/18	7:23	4:58	9:15	9:51
Yisro	1/25	7:19	5:05	9:14	9:50
Mishpatim	2/01	7:14	5:13	9:12	9:48
Terumah	2/08	7:07	5:21	9:09	9:45
Tetzavah	2/15	7:00	5:29	9:06	9:42
Ki-Sisah	2/22	6:51	5:36	9:01	9:37
Vayakhel	3/01	6:42	5:43	8:56	9:32
Pekudei	3/08	6:32	5:50	8:50	9:26
Vayikra	3/15	6:21	5:57	8:44	9:20

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

SAN FRANCISCO

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:11	6:03	8:38	9:14
Shemini	3/29	6:00	6:10	8:31	9:07
Tazriya	4/05	5:49	6:16	8:24	9:00
Metzora	4/12	5:39	6:22	8:18	8:54
Erev Pesach, Erev Shab.	4/19	5:29	6:29	8:13	8:49
Latest Time To Eat Chometz		(M.A.)	9:31	(G'ra)	9:55
Erev 7th of Pesach	4/25	5:21	6:34	8:08	8:44
Erev 8th of Pesach Erev Shabbos	4/26	5:20	6:35	8:07	8:43
Acharei	5/03	5:12	6:42	8:03	8:39
Kedoshim	5/10	5:05	6:48	7:59	8:35
Emor	5/17	4:58	6:54	7:56	8:32
Behar	5/24	4:53	7:00	7:53	8:29
Bechukosai	5/31	4:50	7:05	7:52	8:28
Bamidbar	6/07	4:48	7:09	7:52	8:28
Naso	6/14	4:47	7:13	7:52	8:28
Behaalosecha	6/21	4:48	7:15	7:53	8:29
Shelach	6/28	4:50	7:16	7:55	8:31
Korach	7/05	4:53	7:15	7:57	8:33
Chukas	7/12	4:57	7:13	8:00	8:36
Balak	7/19	5:02	7:09	8:02	8:38
Pinchas	7/26	5:08	7:04	8:06	8:42
Matos- Masei	8/02	5:14	6:58	8:09	8:45
Devorim	8/09	5:20	6:50	8:11	8:47
Vaeschanan	8/16	5:26	6:41	8:13	8:49
Eikev	8/23	5:32	6:32	8:16	8:52
R'ei	8/30	5:38	6:22	8:18	8:54
Shoftim	9/06	5:44	6:12	8:20	8:56
Ki Seze	9/13	5:50	6:01	8:21	8:57
Ki Savo	9/20	5:55	5:50	8:22	8:58
Nitzavim	9/27	6:01	5:39	8:24	9:00
Erev Rosh Hashana	9/29	6:03	5:36	8:25	9:01

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

SEATTLE

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:38	6:14	8:16	8:52
Vayeilech	9/14	5:45	6:04	8:18	8:54
Erev Yom Kippur	9/18	5:50	5:56	8:20	8:56
Haazinu	9/21	5:54	5:49	8:21	8:57
Erev Succos	9/23	5:57	5:45	8:23	8:59
Erev Shab. Chol Hamoed	9/28	6:04	5:35	8:25	9:01
Hoshana Rabbah	9/30	6:06	5:31	8:26	9:02
Breishis	10/05	6:13	5:21	8:29	9:05
Noach	10/12	6:23	5:07	8:33	9:09
Lech Lecha	10/19	6:33	4:54	8:37	9:13
Vayeira	10/26	6:44	4:42	8:42	9:18
Chayei Sara	11/02	6:54	4:31	8:47	9:23
Toldos	11/09	7:05	4:21	8:53	9:29
Vayeitzei	11/16	7:15	4:12	8:58	9:34
Vayishlach	11/23	7:25	4:06	9:04	9:40
Vayeishev	11/30	7:34	4:01	9:09	9:45
Mikeitz, Chanukah	12/07	7:43	3:59	9:16	9:52
Vayigash	12/14	7:49	3:58	9:20	9:56
Vayechi	12/21	7:54	4:01	9:24	10:00
Shemos	12/28	7:57	4:05	9:28	10:04
Vaeira	2019 1/04	7:57	4:12	9:29	10:05
Bo	1/11	7:55	4:20	9:30	10:06
Beshalach	1/18	7:50	4:30	9:29	10:05
Yisro	1/25	7:44	4:40	9:27	10:03
Mishpatim	2/01	7:36	4:51	9:23	9:59
Terumah	2/08	7:26	5:02	9:19	9:55
Tetzavah	2/15	7:15	5:13	9:13	9:49
Ki-Sisah	2/22	7:03	5:23	9:07	9:43
Vayakhel	3/01	6:50	5:34	9:00	9:36
Pekudei	3/08	6:37	5:44	8:52	9:28
Vayikra	3/15	6:23	5:54	8:44	9:20

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

SEATTLE

Pacific Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:09	6:04	8:36	9:12
Shemini	3/29	5:55	6:14	8:28	9:04
Tazriya	4/05	5:41	6:24	8:20	8:56
Metzora	4/12	5:27	6:34	8:12	8:48
Erev Pesach, Erev Shab.	4/19	5:14	6:44	8:05	8:41
Latest Time To Eat Chometz		(M.A.)	9:26	(G'ra)	9:50
Erev 7th of Pesach	4/25	5:03	6:52	7:59	8:35
Erev 8th of Pesach Erev Shabbos	4/26	5:01	6:54	7:58	8:34
Acharei	5/03	4:50	7:03	7:52	8:28
Kedoshim	5/10	4:39	7:13	7:46	8:22
Emor	5/17	4:30	7:22	7:42	8:18
Behar	5/24	4:23	7:30	7:38	8:14
Bechukosai	5/31	4:17	7:37	7:36	8:12
Bamidbar	6/07	4:13	7:43	7:34	8:10
Naso	6/14	4:11	7:47	7:34	8:10
Behaalosecha	6/21	4:12	7:50	7:35	8:11
Shelach	6/28	4:14	7:50	7:37	8:13
Korach	7/05	4:19	7:48	7:40	8:16
Chukas	7/12	4:24	7:45	7:43	8:19
Balak	7/19	4:31	7:39	7:47	8:23
Pinchas	7/26	4:39	7:31	7:51	8:27
Matos- Masei	8/02	4:48	7:22	7:55	8:31
Devorim	8/09	4:57	7:11	7:59	8:35
Vaeschanan	8/16	5:06	7:00	8:03	8:39
Eikev	8/23	5:16	6:47	8:07	8:43
R'ei	8/30	5:25	6:34	8:11	8:47
Shoftim	9/06	5:34	6:20	8:14	8:50
Ki Seze	9/13	5:43	6:06	8:17	8:53
Ki Savo	9/20	5:53	5:52	8:21	8:57
Nitzavim	9/27	6:02	5:37	8:24	9:00
Erev Rosh Hashana	9/29	6:05	5:33	8:26	9:02

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

SILVER SPRING

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Gr"a
Erev Rosh Hashana	9/9	5:44	6:06	8:18	8:54
Vayeilech	9/14	5:49	5:58	8:20	8:56
Erev Yom Kippur	9/18	5:52	5:51	8:20	8:56
Haazinu	9/21	5:55	5:46	8:21	8:57
Erev Succos	9/23	5:57	5:43	8:22	8:58
Erev Shab. Chol Hamoed	9/28	6:01	5:35	8:23	8:59
Hoshana Rabbah	9/30	6:03	5:32	8:24	9:00
Breishis	10/05	6:08	5:24	8:26	9:02
Noach	10/12	6:15	5:14	8:28	9:04
Lech Lecha	10/19	6:22	5:04	8:31	9:07
Vayeira	10/26	6:29	4:54	8:34	9:10
Chayei Sara	11/02	6:37	4:46	8:38	9:14
Toldos	11/09	6:45	4:39	8:42	9:18
Vayeitzei	11/16	6:52	4:33	8:46	9:22
Vayishlach	11/23	7:00	4:29	8:51	9:27
Vayeishev	11/30	7:07	4:26	8:55	9:31
Mikeitz, Chanukah	12/07	7:14	4:26	9:01	9:37
Vayigash	12/14	7:19	4:27	9:05	9:41
Vayechi	12/21	7:24	4:29	9:09	9:45
Shemos	12/28	7:26	4:34	9:12	9:48
Vaeira	2019 1/04	7:27	4:39	9:14	9:50
Bo	1/11	7:27	4:46	9:15	9:51
Beshalach	1/18	7:24	4:54	9:15	9:51
Yisro	1/25	7:20	5:01	9:14	9:50
Mishpatim	2/01	7:14	5:10	9:12	9:48
Terumah	2/08	7:07	5:18	9:08	9:44
Tetzavah	2/15	6:59	5:26	9:04	9:40
Ki-Sisah	2/22	6:50	5:33	8:59	9:35
Vayakhel	3/01	6:40	5:41	8:54	9:30
Pekudei	3/08	6:30	5:48	8:48	9:24
Vayikra	3/15	6:19	5:55	8:42	9:18

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

SILVER SPRING

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:08	6:02	8:35	9:11
Shemini	3/29	5:57	6:09	8:29	9:05
Tazriya	4/05	5:46	6:16	8:22	8:58
Metzora	4/12	5:36	6:23	8:16	8:52
Erev Pesach, Erev Shab.	4/19	5:26	6:29	8:10	8:46
Latest Time To Eat Chometz		(M.A.)	9:29	(G'ra)	9:53
Erev 7th of Pesach	4/25	5:17	6:35	8:05	8:41
Erev 8th of Pesach Erev Shabbos	4/26	5:16	6:36	8:05	8:41
Acharei	5/03	5:08	6:43	8:00	8:36
Kedoshim	5/10	5:00	6:50	7:56	8:32
Emor	5/17	4:54	6:56	7:53	8:29
Behar	5/24	4:48	7:02	7:50	8:26
Bechukosai	5/31	4:45	7:07	7:49	8:25
Bamidbar	6/07	4:42	7:12	7:48	8:24
Naso	6/14	4:42	7:15	7:49	8:25
Behaalosecha	6/21	4:43	7:17	7:50	8:26
Shelach	6/28	4:45	7:18	7:52	8:28
Korach	7/05	4:48	7:17	7:54	8:30
Chukas	7/12	4:53	7:14	7:57	8:33
Balak	7/19	4:58	7:10	8:00	8:36
Pinchas	7/26	5:04	7:05	8:03	8:39
Matos- Masei	8/02	5:10	6:58	8:06	8:42
Devorim	8/09	5:16	6:50	8:08	8:44
Vaeschanan	8/16	5:23	6:41	8:11	8:47
Eikev	8/23	5:29	6:32	8:13	8:49
R'ei	8/30	5:35	6:21	8:15	8:51
Shoftim	9/06	5:42	6:11	8:18	8:54
Ki Seze	9/13	5:48	5:59	8:19	8:55
Ki Savo	9/20	5:54	5:48	8:21	8:57
Nitzavim	9/27	6:01	5:37	8:24	9:00
Erev Rosh Hashana	9/29	6:02	5:34	8:24	9:00

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ST. LOUIS

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:37	5:59	8:11	8:47
Vayeilech	9/14	5:41	5:51	8:12	8:48
Erev Yom Kippur	9/18	5:45	5:45	8:14	8:50
Haazinu	9/21	5:47	5:40	8:14	8:50
Erev Succos	9/23	5:49	5:37	8:15	8:51
Erev Shab. Chol Hamoed	9/28	5:54	5:29	8:16	8:52
Hoshana Rabbah	9/30	5:55	5:26	8:16	8:52
Breishis	10/05	6:00	5:18	8:18	8:54
Noach	10/12	6:07	5:07	8:21	8:57
Lech Lecha	10/19	6:14	4:57	8:23	8:59
Vayeira	10/26	6:21	4:48	8:26	9:02
Chayei Sara	11/02	6:28	4:40	8:30	9:06
Toldos	11/09	6:36	4:33	8:34	9:10
Vayeitzei	11/16	6:44	4:27	8:38	9:14
Vayishlach	11/23	6:51	4:23	8:43	9:19
Vayeishev	11/30	6:58	4:20	8:47	9:23
Mikeitz, Chanukah	12/07	7:05	4:19	8:52	9:28
Vayigash	12/14	7:11	4:20	8:57	9:33
Vayechi	12/21	7:15	4:23	9:01	9:37
Shemos	12/28	7:18	4:27	9:04	9:40
Vaeira	2019 1/04	7:19	4:33	9:06	9:42
Bo	1/11	7:19	4:39	9:08	9:44
Beshalach	1/18	7:16	4:47	9:07	9:43
Yisro	1/25	7:12	4:54	9:06	9:42
Mishpatim	2/01	7:07	5:02	9:04	9:40
Terumah	2/08	7:00	5:10	9:01	9:37
Tetzavah	2/15	6:52	5:18	8:57	9:33
Ki-Sisah	2/22	6:43	5:26	8:52	9:28
Vayakhel	3/01	6:34	5:33	8:47	9:23
Pekudei	3/08	6:23	5:41	8:41	9:17
Vayikra	3/15	6:13	5:48	8:35	9:11

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ST. LOUIS

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:02	5:54	8:29	9:05
Shemini	3/29	5:51	6:01	8:22	8:58
Tazriya	4/05	5:40	6:08	8:16	8:52
Metzora	4/12	5:30	6:14	8:10	8:46
Erev Pesach, Erev Shab.	4/19	5:19	6:21	8:03	8:39
Latest Time To Eat Chometz		(M.A.)	9:22	(G'ra)	9:46
Erev 7th of Pesach	4/25	5:11	6:27	7:59	8:35
Erev 8th of Pesach Erev Shabbos	4/26	5:10	6:28	7:58	8:34
Acharei	5/03	5:01	6:34	7:53	8:29
Kedoshim	5/10	4:54	6:41	7:49	8:25
Emor	5/17	4:47	6:47	7:46	8:22
Behar	5/24	4:42	6:53	7:43	8:19
Bechukosai	5/31	4:39	6:59	7:43	8:19
Bamidbar	6/07	4:36	7:03	7:41	8:17
Naso	6/14	4:36	7:06	7:42	8:18
Behaalosecha	6/21	4:36	7:09	7:43	8:19
Shelach	6/28	4:38	7:09	7:44	8:20
Korach	7/05	4:42	7:09	7:47	8:23
Chukas	7/12	4:46	7:06	7:50	8:26
Balak	7/19	4:51	7:02	7:52	8:28
Pinchas	7/26	4:57	6:57	7:56	8:32
Matos- Masei	8/02	5:03	6:51	7:59	8:35
Devorim	8/09	5:09	6:43	8:01	8:37
Vaeschanan	8/16	5:15	6:34	8:03	8:39
Eikev	8/23	5:22	6:25	8:06	8:42
R'ei	8/30	5:28	6:14	8:08	8:44
Shoftim	9/06	5:34	6:04	8:10	8:46
Ki Seze	9/13	5:40	5:53	8:12	8:48
Ki Savo	9/20	5:46	5:42	8:14	8:50
Nitzavim	9/27	5:53	5:30	8:16	8:52
Erev Rosh Hashana	9/29	5:54	5:27	8:16	8:52

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ST PAUL, MN

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:44	6:14	8:20	8:56
Vayeilech	9/14	5:50	6:05	8:22	8:58
Erev Yom Kippur	9/18	5:55	5:57	8:24	9:00
Haazinu	9/21	5:59	5:51	8:26	9:02
Erev Succos	9/23	6:01	5:48	8:26	9:02
Erev Shab. Chol Hamoed	9/28	6:07	5:38	8:28	9:04
Hoshana Rabbah	9/30	6:09	5:34	8:29	9:05
Breishis	10/05	6:16	5:25	8:32	9:08
Noach	10/12	6:25	5:12	8:35	9:11
Lech Lecha	10/19	6:34	5:00	8:39	9:15
Vayeira	10/26	6:43	4:49	8:43	9:19
Chayei Sara	11/02	6:53	4:39	8:48	9:24
Toldos	11/09	7:02	4:30	8:53	9:29
Vayeitzei	11/16	7:12	4:23	8:58	9:34
Vayishlach	11/23	7:21	4:17	9:04	9:40
Vayeishev	11/30	7:29	4:13	9:09	9:45
Mikeitz, Chanukah	12/07	7:37	4:11	9:14	9:50
Vayigash	12/14	7:43	4:11	9:19	9:55
Vayechi	12/21	7:48	4:14	9:23	9:59
Shemos	12/28	7:50	4:18	9:26	10:02
Vaeira	2019 1/04	7:51	4:25	9:28	10:04
Bo	1/11	7:49	4:33	9:29	10:05
Beshalach	1/18	7:45	4:41	9:28	10:04
Yisro	1/25	7:39	4:51	9:26	10:02
Mishpatim	2/01	7:32	5:01	9:23	9:59
Terumah	2/08	7:23	5:11	9:19	9:55
Tetzavah	2/15	7:13	5:21	9:14	9:50
Ki-Sisah	2/22	7:02	5:31	9:08	9:44
Vayakhel	3/01	6:50	5:40	9:01	9:37
Pekudei	3/08	6:37	5:50	8:54	9:30
Vayikra	3/15	6:25	5:59	8:47	9:23

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

ST PAUL, MN

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:11	6:08	8:39	9:15
Shemini	3/29	5:58	6:17	8:31	9:07
Tazriya	4/05	5:45	6:26	8:24	9:00
Metzora	4/12	5:33	6:34	8:17	8:53
Erev Pesach, Erev Shab.	4/19	5:21	6:43	8:10	8:46
Latest Time To Eat Chometz		(M.A.)	9:31	(G'ra)	9:55
Erev 7th of Pesach	4/25	5:11	6:51	8:05	8:41
Erev 8th of Pesach Erev Shabbos	4/26	5:09	6:52	8:03	8:39
Acharei	5/03	4:59	7:01	7:58	8:34
Kedoshim	5/10	4:49	7:09	7:53	8:29
Emor	5/17	4:41	7:17	7:49	8:25
Behar	5/24	4:35	7:25	7:46	8:22
Bechukosai	5/31	4:30	7:31	7:44	8:20
Bamidbar	6/07	4:27	7:37	7:43	8:19
Naso	6/14	4:25	7:40	7:42	8:18
Behaalosecha	6/21	4:26	7:43	7:44	8:20
Shelach	6/28	4:28	7:43	7:45	8:21
Korach	7/05	4:32	7:41	7:48	8:24
Chukas	7/12	4:38	7:38	7:52	8:28
Balak	7/19	4:44	7:33	7:55	8:31
Pinchas	7/26	4:52	7:26	7:59	8:35
Matos- Masei	8/02	4:59	7:17	8:02	8:38
Devorim	8/09	5:07	7:08	8:06	8:42
Vaeschanan	8/16	5:16	6:57	8:10	8:46
Eikev	8/23	5:24	6:45	8:13	8:49
R'ei	8/30	5:32	6:33	8:16	8:52
Shoftim	9/06	5:41	6:20	8:19	8:55
Ki Seze	9/13	5:49	6:07	8:22	8:58
Ki Savo	9/20	5:57	5:53	8:25	9:01
Nitzavim	9/27	6:06	5:40	8:28	9:04
Erev Rosh Hashana	9/29	6:08	5:36	8:29	9:05

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

TEANECK

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:31	5:55	8:06	8:42
Vayeilech	9/14	5:36	5:47	8:07	8:43
Erev Yom Kippur	9/18	5:40	5:40	8:09	8:45
Haazinu	9/21	5:43	5:35	8:10	8:46
Erev Succos	9/23	5:45	5:31	8:10	8:46
Erev Shab. Chol Hamoed	9/28	5:50	5:23	8:12	8:48
Hoshana Rabbah	9/30	5:52	5:20	8:13	8:49
Breishis	10/05	5:57	5:11	8:14	8:50
Noach	10/12	6:04	5:00	8:17	8:53
Lech Lecha	10/19	6:12	4:49	8:20	8:56
Vayeira	10/26	6:20	4:40	8:24	9:00
Chayei Sara	11/02	6:28	4:31	8:27	9:03
Toldos	11/09	6:36	4:23	8:31	9:07
Vayeitzei	11/16	6:45	4:17	8:37	9:13
Vayishlach	11/23	6:53	4:12	8:41	9:17
Vayeishev	11/30	7:00	4:09	8:46	9:22
Mikeitz, Chanukah	12/07	7:07	4:08	8:51	9:27
Vayigash	12/14	7:13	4:09	8:56	9:32
Vayechi	12/21	7:17	4:12	8:59	9:35
Shemos	12/28	7:20	4:16	9:03	9:39
Vaeira	2019 1/04	7:21	4:22	9:05	9:41
Bo	1/11	7:20	4:29	9:06	9:42
Beshalach	1/18	7:17	4:37	9:06	9:42
Yisro	1/25	7:12	4:45	9:04	9:40
Mishpatim	2/01	7:06	4:54	9:02	9:38
Terumah	2/08	6:59	5:02	8:58	9:34
Tetzavah	2/15	6:50	5:11	8:54	9:30
Ki-Sisah	2/22	6:40	5:19	8:48	9:24
Vayakhel	3/01	6:30	5:27	8:43	9:19
Pekudei	3/08	6:19	5:35	8:37	9:13
Vayikra	3/15	6:08	5:43	8:30	9:06

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

TEANECK

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	5:56	5:51	8:23	8:59
Shemini	3/29	5:44	5:58	8:16	8:52
Tazriya	4/05	5:33	6:05	8:10	8:46
Metzora	4/12	5:22	6:13	8:03	8:39
Erev Pesach, Erev Shab.	4/19	5:11	6:20	7:57	8:33
Latest Time To Eat Chometz		(M.A.)	9:16	(G'ra)	9:40
Erev 7th of Pesach	4/25	5:02	6:26	7:52	8:28
Erev 8th of Pesach Erev Shabbos	4/26	5:01	6:28	7:51	8:27
Acharei	5/03	4:52	6:35	7:46	8:22
Kedoshim	5/10	4:44	6:42	7:42	8:18
Emor	5/17	4:37	6:49	7:39	8:15
Behar	5/24	4:31	6:55	7:36	8:12
Bechukosai	5/31	4:27	7:01	7:34	8:10
Bamidbar	6/07	4:25	7:06	7:34	8:10
Naso	6/14	4:24	7:09	7:34	8:10
Behaalosecha	6/21	4:25	7:11	7:35	8:11
Shelach	6/28	4:27	7:12	7:37	8:13
Korach	7/05	4:30	7:11	7:39	8:15
Chukas	7/12	4:35	7:08	7:42	8:18
Balak	7/19	4:41	7:04	7:45	8:21
Pinchas	7/26	4:47	6:58	7:48	8:24
Matos- Masei	8/02	4:54	6:51	7:52	8:28
Devorim	8/09	5:00	6:42	7:54	8:30
Vaeschanan	8/16	5:07	6:33	7:57	8:33
Eikev	8/23	5:14	6:22	8:00	8:36
R'ei	8/30	5:21	6:11	8:02	8:38
Shoftim	9/06	5:28	6:00	8:05	8:41
Ki Seze	9/13	5:35	5:48	8:07	8:43
Ki Savo	9/20	5:42	5:36	8:09	8:45
Nitzavim	9/27	5:49	5:25	8:12	8:48
Erev Rosh Hashana	9/29	5:51	5:21	8:12	8:48

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

TORONTO

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Erev Rosh Hashana	9/9	5:49	6:20	8:25	9:01
Vayeilech	9/14	5:55	6:11	8:28	9:04
Erev Yom Kippur	9/18	6:00	6:03	8:29	9:05
Haazinu	9/21	6:03	5:58	8:30	9:06
Erev Succos	9/23	6:05	5:54	8:31	9:07
Erev Shab. Chol Hamoed	9/28	6:11	5:45	8:33	9:09
Hoshana Rabbah	9/30	6:13	5:41	8:34	9:10
Breishis	10/05	6:19	5:32	8:36	9:12
Noach	10/12	6:27	5:20	8:39	9:15
Lech Lecha	10/19	6:36	5:09	8:43	9:19
Vayeira	10/26	6:45	4:58	8:47	9:23
Chayei Sara	11/02	6:54	4:48	8:51	9:27
Toldos	11/09	7:03	4:39	8:56	9:32
Vayeitzei	11/16	7:12	4:32	9:01	9:37
Vayishlach	11/23	7:21	4:26	9:06	9:42
Vayeishev	11/30	7:30	4:23	9:12	9:48
Mikeitz, Chanukah	12/07	7:37	4:21	9:17	9:53
Vayigash	12/14	7:43	4:21	9:21	9:57
Vayechi	12/21	7:48	4:23	9:25	10:01
Shemos	12/28	7:51	4:28	9:29	10:05
Vaeira	2019 1/04	7:51	4:34	9:30	10:06
Bo	1/11	7:50	4:41	9:31	10:07
Beshalach	1/18	7:47	4:50	9:31	10:07
Yisro	1/25	7:42	4:59	9:30	10:06
Mishpatim	2/01	7:35	5:08	9:27	10:03
Terumah	2/08	7:27	5:18	9:23	9:59
Tetzavah	2/15	7:17	5:27	9:18	9:54
Ki-Sisah	2/22	7:07	5:37	9:13	9:49
Vayakhel	3/01	6:55	5:46	9:06	9:42
Pekudei	3/08	6:43	5:55	9:00	9:36
Vayikra	3/15	6:31	6:03	8:53	9:29

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

TORONTO

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:18	6:12	8:45	9:21
Shemini	3/29	6:06	6:20	8:38	9:14
Tazriya	4/05	5:53	6:29	8:31	9:07
Metzora	4/12	5:41	6:37	8:24	9:00
Erev Pesach, Erev Shab.	4/19	5:29	6:45	8:17	8:53
Latest Time To Eat Chometz		(M.A.)	9:37	(G'ra)	10:01
Erev 7th of Pesach	4/25	5:20	6:52	8:12	8:48
Erev 8th of Pesach Erev Shabbos	4/26	5:18	6:54	8:11	8:47
Acharei	5/03	5:08	7:02	8:05	8:41
Kedoshim	5/10	4:59	7:10	8:00	8:36
Emor	5/17	4:51	7:18	7:56	8:32
Behar	5/24	4:45	7:25	7:54	8:30
Bechukosai	5/31	4:40	7:31	7:51	8:27
Bamidbar	6/07	4:37	7:36	7:50	8:26
Naso	6/14	4:35	7:40	7:50	8:26
Behaalosecha	6/21	4:36	7:43	7:51	8:27
Shelach	6/28	4:38	7:43	7:53	8:29
Korach	7/05	4:42	7:42	7:56	8:32
Chukas	7/12	4:47	7:39	7:59	8:35
Balak	7/19	4:53	7:34	8:02	8:38
Pinchas	7/26	5:00	7:28	8:06	8:42
Matos- Masei	8/02	5:07	7:20	8:09	8:45
Devorim	8/09	5:15	7:11	8:13	8:49
Vaeschanan	8/16	5:22	7:01	8:15	8:51
Eikev	8/23	5:30	6:49	8:18	8:54
R'ei	8/30	5:38	6:38	8:22	8:58
Shoftim	9/06	5:46	6:25	8:24	9:00
Ki Seze	9/13	5:54	6:13	8:27	9:03
Ki Savo	9/20	6:02	6:00	8:30	9:06
Nitzavim	9/27	6:10	5:47	8:33	9:09
Erev Rosh Hashana	9/29	6:12	5:43	8:33	9:09

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

WASHINGTON DC

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Gr"a
Erev Rosh Hashana	9/9	5:44	6:06	8:18	8:54
Vayeilech	9/14	5:49	5:58	8:20	8:56
Erev Yom Kippur	9/18	5:52	5:51	8:20	8:56
Haazinu	9/21	5:55	5:46	8:21	8:57
Erev Succos	9/23	5:57	5:43	8:22	8:58
Erev Shab. Chol Hamoed	9/28	6:01	5:35	8:23	8:59
Hoshana Rabbah	9/30	6:03	5:32	8:24	9:00
Breishis	10/05	6:08	5:24	8:26	9:02
Noach	10/12	6:15	5:14	8:28	9:04
Lech Lecha	10/19	6:22	5:04	8:31	9:07
Vayeira	10/26	6:29	4:55	8:34	9:10
Chayei Sara	11/02	6:37	4:46	8:38	9:14
Toldos	11/09	6:44	4:39	8:41	9:17
Vayeitzei	11/16	6:52	4:33	8:46	9:22
Vayishlach	11/23	7:00	4:29	8:51	9:27
Vayeishev	11/30	7:07	4:27	8:56	9:32
Mikeitz, Chanukah	12/07	7:13	4:26	9:00	9:36
Vayigash	12/14	7:19	4:27	9:05	9:41
Vayechi	12/21	7:23	4:30	9:08	9:44
Shemos	12/28	7:26	4:34	9:12	9:48
Vaeira	2019 1/04	7:27	4:40	9:14	9:50
Bo	1/11	7:26	4:46	9:15	9:51
Beshalach	1/18	7:24	4:54	9:15	9:51
Yisro	1/25	7:20	5:02	9:14	9:50
Mishpatim	2/01	7:14	5:10	9:12	9:48
Terumah	2/08	7:07	5:18	9:08	9:44
Tetzavah	2/15	6:59	5:26	9:04	9:40
Ki-Sisah	2/22	6:50	5:34	9:00	9:36
Vayakhel	3/01	6:40	5:41	8:54	9:30
Pekudei	3/08	6:30	5:48	8:48	9:24
Vayikra	3/15	6:19	5:55	8:42	9:18

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

WASHINGTON DC

Eastern Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:08	6:02	8:35	9:11
Shemini	3/29	5:57	6:09	8:29	9:05
Tazriya	4/05	5:46	6:16	8:22	8:58
Metzora	4/12	5:36	6:22	8:16	8:52
Erev Pesach, Erev Shab.	4/19	5:26	6:29	8:10	8:46
Latest Time To Eat Chometz		(M.A.)	9:29	(G'ra)	9:53
Erev 7th of Pesach	4/25	5:18	6:35	8:06	8:42
Erev 8th of Pesach Erev Shabbos	4/26	5:16	6:36	8:05	8:41
Acharei	5/03	5:08	6:43	8:00	8:36
Kedoshim	5/10	5:00	6:49	7:56	8:32
Emor	5/17	4:54	6:56	7:53	8:29
Behar	5/24	4:49	7:02	7:51	8:27
Bechukosai	5/31	4:45	7:07	7:49	8:25
Bamidbar	6/07	4:43	7:11	7:49	8:25
Naso	6/14	4:42	7:15	7:49	8:25
Behaalosecha	6/21	4:43	7:17	7:50	8:26
Shelach	6/28	4:45	7:17	7:52	8:28
Korach	7/05	4:49	7:17	7:55	8:31
Chukas	7/12	4:53	7:14	7:57	8:33
Balak	7/19	4:58	7:10	8:00	8:36
Pinchas	7/26	5:04	7:05	8:03	8:39
Matos- Masei	8/02	5:10	6:58	8:06	8:42
Devorim	8/09	5:16	6:50	8:08	8:44
Vaeschanan	8/16	5:23	6:41	8:11	8:47
Eikev	8/23	5:29	6:32	8:13	8:49
R'ei	8/30	5:35	6:21	8:15	8:51
Shoftim	9/06	5:42	6:10	8:18	8:54
Ki Seze	9/13	5:48	5:59	8:19	8:55
Ki Savo	9/20	5:54	5:48	8:21	8:57
Nitzavim	9/27	6:00	5:37	8:23	8:59
Erev Rosh Hashana	9/29	6:02	5:34	8:24	9:00

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

WINNIPEG

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Gr"a
Erev Rosh Hashana	9/9	5:55	6:36	8:34	9:10
Vayeilech	9/14	6:02	6:25	8:36	9:12
Erev Yom Kippur	9/18	6:08	6:17	8:39	9:15
Haazinu	9/21	6:13	6:10	8:41	9:17
Erev Succos	9/23	6:16	6:06	8:42	9:18
Erev Shab. Chol Hamoed	9/28	6:23	5:55	8:45	9:21
Hoshana Rabbah	9/30	6:26	5:50	8:46	9:22
Breishis	10/05	6:34	5:39	8:49	9:25
Noach	10/12	6:45	5:25	8:54	9:30
Lech Lecha	10/19	6:56	5:11	8:58	9:34
Vayeira	10/26	7:07	4:57	9:03	9:39
Chayei Sara	11/02	7:19	4:45	9:09	9:45
Toldos	11/09	7:30	4:34	9:15	9:51
Vayeitzei	11/16	7:42	4:24	9:21	9:57
Vayishlach	11/23	7:53	4:17	9:28	10:04
Vayeishev	11/30	8:03	4:11	9:34	10:10
Mikeitz, Chanukah	12/07	8:12	4:08	9:40	10:16
Vayigash	12/14	8:19	4:07	9:45	10:21
Vayechi	12/21	8:24	4:09	9:49	10:25
Shemos	12/28	8:26	4:14	9:52	10:28
Vaeira	2019 1/04	8:26	4:21	9:53	10:29
Bo	1/11	8:24	4:30	9:54	10:30
Beshalach	1/18	8:19	4:40	9:53	10:29
Yisro	1/25	8:12	4:51	9:50	10:26
Mishpatim	2/01	8:03	5:03	9:47	10:23
Terumah	2/08	7:52	5:15	9:41	10:17
Tetzavah	2/15	7:40	5:27	9:35	10:11
Ki-Sisah	2/22	7:27	5:38	9:28	10:04
Vayakhel	3/01	7:13	5:50	9:21	9:57
Pekudei	3/08	6:58	6:02	9:13	9:49
Vayikra	3/15	6:43	6:13	9:04	9:40

For Earliest time of Tfillin and Tfillah
in the morning, see page 20

WINNIPEG

Central Standard Time

Erev Shabbos/Yom Tov		Sun Rise	Candle Lighting	End Time	
				Krias Shma M.A.	Shma Gr"a
Tzav	3/22	6:28	6:24	8:56	9:32
Shemini	3/29	6:13	6:35	8:47	9:23
Tazriya	4/05	5:58	6:46	8:39	9:15
Metzora	4/12	5:43	6:57	8:30	9:06
Erev Pesach, Erev Shab.	4/19	5:29	7:08	8:22	8:58
Latest Time To Eat Chometz		(M.A.)	9:44	(G'ra)	10:08
Erev 7th of Pesach	4/25	5:17	7:17	8:16	8:52
Erev 8th of Pesach Erev Shabbos	4/26	5:15	7:19	8:15	8:51
Acharei	5/03	5:03	7:29	8:08	8:44
Kedoshim	5/10	4:51	7:40	8:02	8:38
Emor	5/17	4:41	7:50	7:57	8:33
Behar	5/24	4:33	7:59	7:53	8:29
Bechukosai	5/31	4:26	8:07	7:50	8:26
Bamidbar	6/07	4:22	8:13	7:48	8:24
Naso	6/14	4:19	8:18	7:47	8:23
Behaalosecha	6/21	4:20	8:21	7:49	8:25
Shelach	6/28	4:22	8:21	7:50	8:26
Korach	7/05	4:27	8:19	7:54	8:30
Chukas	7/12	4:33	8:15	7:57	8:33
Balak	7/19	4:41	8:08	8:01	8:37
Pinchas	7/26	4:49	8:00	8:05	8:41
Matos- Masei	8/02	4:59	7:50	8:10	8:46
Devorim	8/09	5:09	7:38	8:15	8:51
Vaeschanan	8/16	5:19	7:26	8:19	8:55
Eikev	8/23	5:30	7:12	8:24	9:00
R'ei	8/30	5:40	6:58	8:28	9:04
Shoftim	9/06	5:50	6:43	8:32	9:08
Ki Seze	9/13	6:01	6:28	8:36	9:12
Ki Savo	9/20	6:11	6:12	8:40	9:16
Nitzavim	9/27	6:22	5:57	8:44	9:20
Erev Rosh Hashana	9/29	6:25	5:52	8:45	9:21